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- (54) Title: ESSENTIAL OIL COMPOSITION
- (57) Abstract

The application relates to new medicinal and cosmetic compositions comprising essential oils in combination with herbs and/or spices. The compositions may be used orally or topically.

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ESSENTIAL OIL COMPOSITION

The invention relates to medicinal and cosmetic compositions comprising an essential oil in combination with at least one spice and/or at least one herb. Such compositions may be taken orally or may be absorbed through the skin.

Essential oils have been used for thousands of years in aromatherapy.

The ancient Chinese are generally acknowledged as the founders of aromatherapy, but it is more than likely that quite early in the history of civilisation man had realised that certain aromatic plants could help restore his health. Aromatic substances were also used by the ancient Egyptians and Ancient Greeks as medicinal perfumes.

In the 10th century the Arabs were extracting essential oils from aromatic plants and using them medicinally. The Knights of the Crusades brought aromatic essences and waters back to Europe from the Middle East and they became so popular that perfume began to be manufactured and was well established by the end of the 12th century. The importance of aromatic plants for other purposes was realised early. When the bubonic plague reached England around the middle of the 14th century, fires were ordered in the streets at night, burning aromatic

frankincense and pine; indoors, incense and perfumed candles were burnt to combat infection and disguise the stench of death; pomanders made from aromatic gums and resins were worn on ribbons round the neck to protect the wearers from the dreaded Black Death.

By the turn of the 18th century essential oils were widely used in medicinal preparations and Salmon's dispensary of 1896 contains recipes for numerous aromatic remedies. In the 19th century, essential oils were subjected to more scientific investigation, and it was discovered that some of them could be synthesised from other materials. As it is always quicker and cheaper to produce the laboratory versions than natural plant extracts, true essential oils began to fall from favour. Today, many of our medicines and perfumes contain so-called essential oils, though often they are mere imitations; while synthetics may smell like the real thing, they do no possess the same therapeutic properties.

Essential Oils

Essential oils are highly scented droplets found in minute quantities in the flowers, stems, leaves, roots and barks of aromatic plants. They are not true oils in the manner of lubricant vegetable oils, but highly fluid

and exceptionally volatile.

Essential oils are complex mixtures of different organic molecules terpenes, alcohols, esters, aldehydes, ketones and phenols. Synthetic
oils are usually made from one or more of the constituents predominant
within a particular essential oil; menthol, for example, often substitutes
for mint and eucalyptol for eucalyptus. However, there are sound
reasons for believing that it is the interaction between each and every
component that gives an essential oil its particular character and unique
therapeutic properties.

The chemical composition of an oil is related to the time of day, the month or the season. Jasmine develops a strongly scented indole molecule at midnight when it is particularly intoxicating, and it is important to gather the petals at exactly the right moment. There are good years and bad years for essential oils as there are with wines. Some commercial producers have discovered that they can improve the quality of a poor yield by adding certain components and that an expensive oil like rosemary can be adulterated, without altering its aroma, by adding 30-40% of camphor which is considerably cheaper for the perfume industry. Such adulteration may be commercially

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acceptable but it might well alter the therapeutic properties of the oil.

It is important to try to ensure that essential oils come from reputable sources and are as pure as possible.

Experts recognise an essential oil by its aroma and check its composition by a process called Gas Liquid Chromatography. Colour can also be an indicator; eucalyptus is colourless, chamomile varies from white to blue and others, like basil and sandalwood (both light greenish-yellow), are in pastel shades. Yet others are richly pigmented, like jasmine, a deep reddish-brown, patchouli, brown, and rose, orange-red.

Extraction of the Oils

Essential oils may be extracted from plants in a number of ways. One of the oldest methods is distillation, practised in ancient Persia, Turkey and India thousands of years ago. The Egyptians were preparing essence of cedarwoods for embalming and other purposes around 2000BC; the wood was heated in a clay vessel covered by a screen of woollen fibres through which the steam had to pass. The essence was obtained by squeezing out the impregnated wool.

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The Arabs are credited with having popularised distillation in the late 10th century. They began with extract of rose petals then experimented with other aromatic materials. Today, distillation remains the most commonly used means of extracting essential oils.

Other methods include *enfleurage*, often used for delicate petals like jasmine and tuberose; maceration, for tougher flowers and leaves, roots and bark; solvent extraction, the preferred method for gums and resins like myrrh and galbanum; and hand expression, chiefly employed for squeezing the highly aromatic oils from thick-skinned citrus fruit like oranges, tangerines and lemons.

The Properties and Uses of Essential Oils

Essential oils possess numerous properties which make them useful for treating many of our most common health and beauty troubles.

Professor Paolo Rovesti, Director of the Instituto Derivati Vegetali in Milan, has studied the effect of essential oils on the psyche and found that they can be useful in the treatment of anxiety and depression. He recommends ylang-ylang, citrus oils, jasmine, basil, patchouli and

peppermint for treating general depression, geranium, lavender and bergamot for treating fear and anxiety, and peppermint, rose and carnation for improving concentration and eliminating lethargy.

Sprayed into the air, these oils also have immediate and long-lasting effects.

The reasons for these reactions are as yet unclear, but it is known that odour molecules are perceived by thousands of tiny nerve cells in the nose and that each of these nerves is connected to that part of the brain which is concerned with emotional drives, creativity and sexual behaviour. This could explain why certain perfumes make us feel happy, why some essences, like jasmine and rose, have a reputation for being aphrodisiac and why unpleasant smells, like petrol fumes, can induce depression. While pure essential oils appear to have a positive influence on the psyche, it is doubtful that synthetic ones work in the same way.

Spices are conventionally used as flavourings in, for example, Indian or Thai dishes. Spices are usually the dried, aromatic parts of plants, generally the seeds, berries, roots, pods and sometimes leaves and flesh, which mainly, but not invariably, grow in hot countries.

The medicinal uses of spices in the past were often indistinguishable from their culinary uses, particularly so in mediaeval times, when apothecaries prescribed herbs and spices not merely for digestive problems, but for all types of ailments. Hot spices, such as pepper, were regarded as an appetite stimulant and a digestive aid; asafoetida, now known only in Indian cookery, was used by the Romans as a healing ointment, an antidote for snake bites, and an cure for gout, cramps, pleurisy, and tetanus; spiced salts were made with ginger, pepper, cumin, thyme and celery seed which were good for the digestion, promoting regularity and preventing ll sorts of illnesses, plagues and chills; and citron seeds were given to pregnant women to relieve nausea. Roman and mediaeval writers also believed the fennel helped to promote and restore good vision and it was at one time a cure for obesity.

Chinese herbal medicine has been known in China for several thousands of years. Only recently, however, has it become recognised in the West that Chinese herbs may be used to treat medical conditions.

The inventors have unexpectedly found that it is possible to combine

essential oils with naturally occurring spices and/or herbs to produce medicinal compositions which may be taken orally or which may be directly absorbed through the skin. Compositions of the invention may be used to treat a surprising range of illnesses.

Such compositions are especially important with the move by many members of the public towards more "natural" treatments, which do not use artificial medicines.

Accordingly a first aspect of the invention provides a medicinal or cosmetic composition comprising at least one essential oil in combination with at least one spice and/or herb. Preferably the spice is an "Indian spice" as defined herein. The herb is preferably a "Chinese herb" as defined herein.

Preferably the composition comprises an Aloe vera extract. This is the preferred delivery vehicle for the essential oil and spice and/or

herb. It is preferred since it is readily accepted by the body and has not been found to produce allergic reactions or side effects.

Preferably the extract is concentrated.

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The composition may comprise a honey product such as royal jelly or bee propolis. Royal jelly and bee propolis have been used for many years to treat a wide range of conditions and as nutrient supplements.

Indian brandee may also be incorporated with the composition. Indian brandee has been used for many years as to relieve flatulence and colic. Its main ingredients are rhubarb tincture, capiscum tincture, ethanol, cochineal and methyl hydroxybenzoate.

The composition may also comprise one or more flavourings, such as blackcurrant concentrate, vitamins, amino acids and minerals.

Examples of vitamins include Vitamin C and Vitamins E and D, which may be in the form of alpha-tocopherol. Inositol, pepsin, selenium methionine, soya isolate, trace mineral clay, whey protein, zinc amino acid chelate and individual amino acids such as lysine may be used.

Enzymes, such as plant extracts comprising enzymes may also be incorporated.

The essential oils, spices, herbs and vitamins and amino acids preferably used within the invention are shown in Tables 1 to 4.

Preferably the compositions comprise one or more essential oils selected from:

(a) bergamot, chamomile german, chamomile maroc, chamomile roman, cinnamon zeylanicum, clove buds, eucalyptus globulus, frankincense, fennel, hyssop, juniper, lemon grass, mountain savoury, niaouli, red thyme, rosemary, rose geranium, tagestes and ylang ylang.

The compositions may comprise one or more Chinese herbs selected from:

(b) acacia catechu, acanthopanax gracilistylus, caesalpinia sappan and epimedium spinosa.

Preferably the compositions comprise one or more spices selected from:

(c) asapoetidia, coconut, coriander, fenugreek and horseradish.

Preferably the composition comprises all of the oils, herbs and spices from lists (a), (b) and (c). This combination has been found to especially improve the effectiveness of the compositions.

Compositions of the invention may be used in combination with alternative methods of treatment such as aromatherapy, Bach flowers therapy, reflexology, acupuncture and/or the Alexander technique, all of which are known in the art.

The invention may be used orally or topically. Accordingly the invention preferably provides tablets or capsules comprising the compositions of the invention for oral administration.

Compositions for topical administration comprising the compositions according to the invention are also provided.

The invention further provides the use of a medicinal composition according to the invention for the treatment of disease or physical disability or sports injuries, or for the build up and maintenance of the immune system, or for the protection against disease or pollution.

The use of cosmetic formulations according to the invention are also provided for skin care and/or weight management.

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aromatherapy and/or reflexology and/or physiotherapy to produce enhanced results.

Essential oils are typically extracted by steam distillation, expression (hard pressing) or maceration, as indicated in Table 1. Such techniques are well known in the art.

Spices are preferably selected from Table 2.

CHINESE HERBS

Herbs and Their Properties

In China the herbs used are gathered from the wild by hand. The best ones grow far from human habitation, and the herbalists who gather them will also be botanists, explorers, climbers and environmentalists. They need to be able to identify the relevant herb in all stages of its development, know where the finest ones grow, be able to get to the plants even when they grow in highly inaccessible places, know how much they can take without threatening a particular species, and always be on

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ESSENTIAL OILS

Aniseed

Basil

Benzoin

Bergamot

Black Pepper

Camphor

Carrot

Cedarwood

Chamomile German

Chamomile Maroc

Chamomile Roman

Cinnamon Leaf

Clove Buds

Cypress

DIII

Eucalyptus Globulus

Fatigue

Fennel

Frankincense

Ginger

Grand Fir

Grapefruit

Grapeseed

Hazel

Hyssop

Jojoba

Juniper

Juniper Berry

Lavender

Lemon

Lemon Grass

Melissa

Mountain Savoury

Myrtle Red

Neroli

Niaouli

Patchouli

Peppermint

Pine

Red Myrtle

Rescue Remedy

Rose Geranium

Rosemary

Sandlewood

Spanish Marjoram

Sweet Marjoram

Sweet Thyme

Tagestes

Tea Tree

Thyme Red

Thyme Sweet

Ylang Ylang

TABLE 2

SPICES

Allspice

Alispice Ground

Anise Star

Aniseed

Arrowroot

Arrowroot Ground

Asafoetidia

Caraway Ground

Cardamom

Cardamom Seeds

Carob

Cassia

Cassia Bark

Cayenne Pepper

Celery Salt

Chilli

Chilli Powder

Cinnamon

Cinnamon Ground

Cinnamon Sugar

Cloves

Cloves Ground

Coconut Cream Block

Coconut Ground

Coconut Powder

Coriander

Coriander Ground

Cream of Tartar

Cumin

Dill

Dill Seeds

Dutch Caraway

Fennel

Fennel Powder

Fenugreek

Fenugreek Powder

Garlic

Ginger

Horseradish

Horseradish Ribbled

Juniper Berries

Laos

Laos Powder

Lemon Grass

Mace

Mace Ground

Mango Powder Mixed Spices

Mixed Spices - Sweet

Mushroom

Mustard Seed Black

Mustard Seed Yellow

Nutmea

Nutmeg Powder

Onion

Orris Root

Paprika - Sweet

Slippery Elm

Tamarind Block

Tumeric

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the look-out for new sources and new species.

They are mostly imported from Hong Kong, although some come from mainland China via Beijing and Shanghai. Increasingly, as China opens its doors to the West, better access will be granted for importing herbs.

Some herbalists import their herbs directly, while others purchase them from Chinese herbal cash and carry stores in the West or from mail order suppliers.

Examples of Chinese herbs which may be used in the invention are listed in Table 3.

Preservation

Once the herbs have been collected from the wild they need to be treated so that they will keep their essential qualities during storage. They are always washed and dried. The method of drying varies depending on the particular herb and what it is going to be used for. They may be sun-dried or dried in a clay oven, alone or with other herbs. Sometimes they are dried with minerals such as sulphur, which bleaches them and also acts as

HERBS

Ba Ji Tian

Bai Dou Kou

Bai Gou

Bai Guo Ye (Ginkgo)

Bai He

Bai Ji Tian

Bai Jlang Cao

Bai Zhi

Bai Zhu

Ban Xia

Bi Ji Tlan

Bo He

Bladderwrack

Boswellia Serrata

Bu Gu Zhi

Cang Er Zi

Chai Hu

Chamaelirium Lurea

(False Unicom)

Chan Tiu

Che Qian Cao

Che Qian Zi

Che Quian Cao

Chen Xiang

Chi Shao Yeo

Chuan Lian Zi

Da Huang

Da Zao

Dan Shen

Dang Gul (Dong Quai)

Dang Shen

Du Zhong

Echinacaea Angustifolia

Er Cha

Fan Xie Ye (Senna)

Fu Ling

Fu Pen Zi

Gao Ben

Garcinia Cambogla

Ge Gen

Gou QI ZI (Lycium)

Gou Teng

Guaiacum Wood

Gui Ban

Guo Teng

Guo Ye (Ginkgo)

He Zi

Horsetail

HERBS

Hu Huang Lian Hu Po Hua Jiao Huai Jiao Zi Huang Lian Huang Qi Huo Ma Ren JI Xue Feng Jiang Can Jie Geng Jin Quian Cao Jin Yin Hua Jin Ying Zi Lian Zi Lian ZI (Red) Long Yan Rou Lu Jiao Shuang Ma Dou Ling Mai Men Dong

Mai Ya Man Jing Zi

Mao Zhao Cao (Cats

Claw)

Maté Leaf

Mexican Yam Root

Milk Thistle Seed

Mu Dan Pi

Mu Hu Die

Mu Li

Mu Tong

Niu Bang Zi

Ou Jle

Qiang Huo

Rou Cong Rong

Salix Alba (White Willow)

Sang Ye

Shan Zha

Shen Jin Cao

Sheng Ma

Shiu Niu Jiao Si

Shu Di Huang

Spirulina

Su Mu

Su Zi (Zi Su Zi)

Suan Zao Ren

Tlan Ma

Tian Nan Xing

Ting Li Zi Wang Bu Liu Xing Guo Wu Bei Zi Wu Jia Pi Wu Yao Xian He Cao Xing Ren Yan Hu Suo Yang Rong Wan

Ye Ju Hua Ye Tu Hua

Yi Mu Cao

Yin Yang Huo

Yohimbe

Zhen Zhu Mu

Zhi Mu Zhi Zi

a preservative. Occasionally you may hear of herbs being treated. This means that, after drying, they are stir-fried with angelica and milk vetch to enhance their properties. Some may also be buried in the ground to absorb moisture, or cooked in a clay pot with rice wine or honey to increase their potency.

Cutting up Herbs

Before or after they have been dried, the herbs will need to be cut up using a herb chopper. When this is done depends on the herb and its eventual usage. There are several ways of cutting herbs. Large roots are often sliced across at 90 degrees, which gives them a round cross-section, while smaller ones are cut at an angle to give a larger surface area. Some herbs are chopped very finely and compressed into a cake.

Some herbs have to be ground to a powder and this is done using a mortar and pestle with a lid, to avoid the loss of powder during crushing.

Storage

Traditionally, herbs would be stored in clay pots after preservation and

cutting up. The shape of the clay pots and whether they were covered or uncovered depended on the herbs. The Chinese have always used clay pots, because clay was the simplest and cheapest material to get hold of and also because, when glazed and therefore non-absorbent, it helped to keep the properties of the herbs intact.

Modern herbalists increasingly use glass jars and bottles for herb storage, but still rely on wooden drawers for the bulk of their stocks because this is the easiest and most convenient method of dispensing them. These drawers are rarely labelled, as the herbalist is completely familiar with their contents. Since the drawers are arranged according to meridians and properties it would be hard for the herbalist to make a mistake that would result in a herb of a totally different type being dispensed.

Freshness of Stocks

However the herbs are stored, herbalists will check them periodically for mould and other signs of decay.

Herbs may need to be retreated - that is, washed and boiled, redried and, where necessary, freshly treated with angelica again in the same way that

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fresh herbs are.

Weighing Herbs

Because it is so expensive, ginseng is weighed in very sensitive scales which have divisions of 0.1 of a gram.

Other herbs do not need quite such accurate scales, and larger ones can be used. These are accurate to within approximately 3 grams. Both sorts of scales are used by holding one of the strings near the pan and adjusting the weight on the rod.

Metric weights have been used for convenience, but Chinese herbalists use Chinese weights. Their names and metric equivalents are given below.

Whenever scales are used, the weight given is always that of the herb before any stir-frying which may be specified on the prescription. The

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herbs may be fried in honey, water or rice wine, or 'burned' until black in a red-hot wok. These treatments naturally change the weight of the herb, and it is not unknown for patients to weight their herbs afterwards and mistakenly complain that they have been short-changed by the herbalist.

Boiling and Steaming

As soon as possible after collection, the herbs are boiled in clay pots. These come in a variety of shapes and sizes much like Western saucepans. It used to be traditional to throw away all pots used in medicinal preparations on the Chinese New Year's Eve. But few herbalists in the West can afford to do this now, especially since some of the decorated pots are extremely expensive.

Steam pots are used a lot for medicinal foods. The ingredients are added to the pot, after which both lids are put on and fastened by a string which passes through the handles. The pot is then placed in a larger pot of boiling water. The herbs and other ingredients are gently cooked by the rising steam without losing any valuable elements which might otherwise be boiled out.

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Properties of Commonly Used Chinese Herbs

In the following lists the Chinese name has been used, along with the botanical name and the Western common name where possible. (Some Chinese herbs are not native to the West and have no corresponding Western name so in these cases the literal English translation has often been included.) Most of the herbs described here can be used in their fresh state, but they can all be ordered as dried herbs. Dosages given are standard ones from which herbalists would raise or lower according to the individual. It is interesting to note that many of the Chinese names have suffixes denoting parts of the plant, for example: hua/flower; pi/cortex or peel; ren/seeds; ye/leaf; zi/fruit or seeds. The dosage refers to the total dose over the course duration.

Bai Shao

Paeonia lactiflora, P. obovata

White peony root

Part used:

root, sliced

Meridian: Taste:

liver sweet

Usage:

for abdominal pains after childbirth combine with Dang Gui (Angelica sinensis/Chinese angelica), Chuan Xiong (Ligustrum wallichii/Szechuan lovage root) and Hong Hua (Carthamus

tinctorius/safflower).

Dosage:

6-15a

Note:

Do not use with black false hellebore (Veratrum nigrum)

Bai Zhu

Atractylodes macrocephala

Attractylodes

Part used:

root

Meridians:

spleen, stomach

Taste:

bitter-sweet

Usage:

to correct mischannelling of qi at the spleen and stomach. Used to treat loss of appetite, extended tight abdomen, vomiting and bowel disorders. It is safe to use during

pregnancy.

Dosage:

4.5-9g

Gan Cao

Glycyrrhiza uralensis, G. glabra

Liquorice

Part used: Meridians: root all

Taste:

sweet

Usage:

one of the most frequently used Chinese herbs. It can be used on its own to assist the spleen, dispel heat and restore

qi. It is used to treat sore throats and to relieve food

poisoning. It is most often used with other herbs to moderate their effects. It is also used to alleviate any uncomfortable side-effects which may be felt after taking other medicinal

herbs.

Dosage:

1.5-9g

Gou Qi Zi

Lycium chinense

Lycium

Part used:

seed

Meridians:

liver, kidneys

Taste:

sweet

Usage:

to strengthen shen and kidneys, and to improve eyesight, used with Sheng Di Huang (Rehmania glutinosa/Chinese

foxglove root), Ju Hua (Chrysanthemum morifolium/

chrysanthemum) and Shan Zhu Yu (Cornus officinalis/fruit of

Asiatic cornelian cherry). Used with Sheng Di Huang (Rehmania glutinosa) and Tian Men Dong (Asparagus

cochinchinensis/asparagus root) to treat deficient liver and/or kidneys as well as tinnitus, dizziness and weakness of the

knees, and for the prevention of wet dreams.

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BNSDOCID: <WO___ _9840086A2_I_> Dosage:

6-12g

Gou Teng

Nauclea rhyncholphylla

also (Unicaria)

Part used: Meridians:

thorn heart. liver

Taste:

sweet

Usage:

to stop convulsions, tics and spasms used with Tian Ma

(Gastrodia elata/Gastrodia rhizome). For the treatment of red

eyes caused by headaches used with Ju Hua

(Chrysanthemum morifolium/ chrysanthemum), Sang Ye (Morus alba/white mulberrry leaves) and Bo He (Mentha

arvensis/mint). It does not need boiling.

Dosage:

6-12g

Gui Zhi

Cinnamomum cassia

Cinnamon twigs

Part used:

bark

Meridians:

heart, lungs, bladder

Taste:

sweet

Usage:

used in combination with Ma Huang (Ephedra sinical/Ephedra) if the patient does not sweat; if they do, given with peeled Chi Shao (Paeonia veitchii/red peony root). Used in combination with Qiang Huo (Notopterygium incisum) to relieve pain in joints, especially arthritis. Used with Dang Gui (Angelica sinensis/Chinese angelica) or Chuan Xiong (Ligustrum wallichii/Szechuan lovage root) to treat period pains and

menstrual irregularity.

Dosage:

3-9g (slightly more if used for arthritis)

Note:

Avoid during pregnancy

Huang Qi

Astragalus membranaceus

Milk vetch

Part used:

root, sliced, either raw or stir-fried in honey

Meridians:

lungs, spleen

Taste:

sweet

Usage:

given as a tonic to patients recovering from illness or feeling tired and weak. Can be used in conjunction with ginseng. This is one of most commonly prescribed herbs in Chinese medicine, and symptoms which would point to its use include

loss of appetite, coldness, shortness of breath and a tendency to sweat a lot.

Dosage:

9-30g

Huang Qin

Scutellaria baicalensis

Baical skullcap root

Part used:

root, raw or stir-fried in rice wine

Meridians:

gall bladder, small intestine, lungs, large intestine, spleen

Taste:

bitter

Usage:

for throat pain used with Lian Qiao, (Forsythia suspensal

forsythia fruit) and Jin Yin Hua (Lonicera japonica)

honeysuckle flower). For relieving high blood pressure used with Ju Hua (*Chrysanthemum morifolium*/chrysanthemum) and

Gou Teng (Nauclea rhyncholphylla).

Dosage:

3-10g

Jing Jie

Schizonepeta tenuifolia

Part used:

seeds

Meridians:

none specific

Taste:

tangy

Usage:

to stop swellings and as an excellent painkiller. Used more than any other herb for the treatment of arthritis. Fried until very dark in colour it is used to stop bleeding, especially from

haemorrhoids.

Dosage:

3-9g

Ma Huang

Ephedra sinica

Ephedra

Part used:

stalk

Meridians:

bladder, lungs

Taste:

tangy

Usage:

used in combination with Gui Zhi (*Cinnamomum cassial* cinnamon) to aid sweating. Stir-fried in honey and apricot kernels, restores the function of the lungs and suppresses asthma, especially with coughing. Used with Sheng Jiang (*Zingiber officinale*/fresh ginger rhizome (root) and Bai Zhu

(Atractylodes macrocephala) to reduce swelling.

Dosage:

3**-**9a

Note:

not suitable for patients who suffer from insomnia or high blood pressure. Not to be used by patients who are already

sweating.

Mai Men Dong

Ophiopogon japonicus

'Lush winter wheat'

Part used:

root nodules, used raw and pressed flat

Meridians:

stomach, lungs, heart

Taste:

bitter

Usage:

to restore yin. Used with Ban Xia (Pinellia ternatal'Half

summer') and liquorice for coughs and dry throat. Used with Sheng Di Huang (*Rehmania glutinosa*/Chinese foxglove root), Xuan Shen (*Scrophularia Ningpoensis*Ningpo figwort root), Huang Lian (*Coptis chinensis*/golden thread) and Dan Shen

(Salvia miltiorrhiza/'Scarlet root') for insomnia.

Dosage:

6-12g

Mu Dan Pi

Paeonia suffruticosa

Tree peony

Part used:

bark

Meridians:

kidneys, liver, heart

Taste:

bitter

Usage:

to lower high blood pressure, used with Ju Hua

(Chrysanthemum morifolium/chrysanthemum) and Jin Yin Hua

(Lonicera japonica/honeysuckle flower). For menstrual

disorders, used with Chai Hu (Bupleurum chinense/thorowax) and Dan Gui (Angelica sinensis/Chinese angelica). To stop bleeding in internal wounds, dry-fried until dark and given with Hong Hua (Carthamus tinctorius/safflower). For period pain, raw slices given with Gui Zhi (Cinnamomum cassia/ cinnamon) and Hu Tao Ren (Juglans regia/walnut). To stimulate the production of blood and to disperse bruises, used fried in rice

wine with cinnamon and walnuts.

Dosage:

6-12q

Note:

not suitable for use during pregnancy

Qing Hao

Artemisia annua, A. apiacea

Wormwood

Part used:

leaves

Meridians:

liver, gall bladder

Taste:

bitter, but with a very pleasant smell

Usage:

for the treatment of burns and minor skin disorders, fresh

leaves are crushed and applied externally. For the treatment

of malaria, used with Huang Qin (Scutellaria

baicalensis/Baical skullcap root). Ban Xia (Pinellia ternata)

and Maronta arundinacea (arrowroot).

Dosage: Note:

20-40g for malaria, 6-15g for skin applications this herb responds best to rapid, short boiling

San Qi

Panax notoginseng

Pseudoginseng root

Part used: Meridians:

whole plant (it is similar to ginseng) kidneys, liver

Taste:

bitter

Usage:

to disperse bruises, relieve swellings and stop haemorrhaging,

and for general relief of pain.

Dosage:

for wounds and pain 1-1.5g powder three times a day; for cardiac arrest 1.5g twice a day in equal proportions with

ginseng

Shan Zhu Yu

Cornus officinalis

Cornelian Asiatic cherry

Part used: Meridians:

flesh of fruit liver, kidneys

Taste:

bitter-sour

Usage:

used in the treatment of abnormally heavy menstruation. Used with ginseng to treat heavy sweating accompanied by

exhaustion.

Dosage:

4.5-9g

Shi Chang Pu

Acorius gramineus

Sweetflag

Part used:

root

Meridians:

heart, spleen, stomach

Taste:

tangy

Usage:

for excess tan (mucus). Used with Zhi Zi (Gardenia jasminoides/Cape jasmine), young bamboo leaves and extracted ginger juice for treating delirium. To treat tinnitus and amnesia, given with Fu Ling (Poria cocos/hoelen) and Yuan Zhi (Polygala tenuifolia/root of Chinese Senega). For

loss of appetite, given with Huo Xiang (Agastache

rugosa/Patchouli), Huo Po (Magnolia officinalis/magnolia) and

Chen Pi (Citrus reticulata/tangerine peel).

Dosage:

3-9a

Shu Di Huang

Rehmania glutinosa

Root of Chinese foxglove cooked in wine

Part used: Meridians: root (oven dried or fresh) liver, kidneys, heart

Taste:

sweet

Usage:

a) to relieve cold in the blood. Used with Xuan Shen (Scrophularia ningpoensis/Ningpo figwort) to reduce high body temperature, dry mouth and red tongue. Given with He Ye (Nelumbo necifera/lotus leaves) and Qian Cao Gen (Rubia cordifolia/madder root) for blood in vomit or urine. Used with Mu Dan Pi (Paeonia suffruticosa/cortex of tree peony root) for macula or dark spots on the skin. To treat thirst associated with diabetes, used with Bi Xie Xu Duan (Dioscorea batatas/Chinese yam) and Di Gu Pi (Lycium chinense/Chinese wolfberry).

b) Used dried, then fried in rice wine until dark, for restoration of the blood, weakness of the knees, menstrual disorders

and tinnitus.

Dosage:

a) 9-30g (double if fresh), b) 9-15g

Tian Ma

Gastrodia elata

Gastrodia rhizome

Part used: Meridian:

tuber liver

Taste:

sweet

Usage:

to clear collateral channels and to relieve rheumatic pain. given with Jin Yin Hua (Lonicera japonica/honeysuckle flower) and Huai Niu Xi (Achyranthes bidentata/'Ox knee'). Given with Ban Xia (Pinellia ternatal'Half summer') and Bai Zhu

(Atractylodes macrocephala) in the treatment of migraine, eye

disorders and dizziness. Excellent for women suffering

headaches, especially after childbirth.

Dosage: 3-9g boiled in water, 1-1.5g as a powder

Tian Men Dong Asparagus cochinchinensis

Tuber of Chinese

asparagus

Part used: root, raw and sliced

Meridians: lungs, kidneys
Taste: bitter-sweet

Purpose: to restore deficient yin. Dispels heat and strengthens the

kidneys and lungs.

Usage: to treat a dry cough with little mucus, or coughing up of blood,

use with Mai Men Dong (Ophiopogon japonicus/Lush winter wheat') and Bei Mu (Fritillaria verticillata/fritillaria bulb). For use in the treatment of whooping cough with Mai Men Dong (Ophiopogon japonicus/Lush winter wheat') and Bai Bu

(Stemona sessilifolia/stemona root).

Dosage: 6-12g

Tu Si Zi Cuscuta chinensis Dodder seeds

Part used: seeds, boiled and crushed, sometimes in cake form

Meridians: kidneys, lungs

Taste: sweet

Purpose: to treat deficient yang in the kidneys, which causes frequent

urination. Also used to prevent miscarriages and to help restore

the function of the kidneys and menstrual cycle

Dosage: 6-12g

Wu Wei Zi Schizandra chinensis, S. spenanthera Schisandra fruit

The Chinese name means 'the fruit which has five tastes'. It has two forms, northern (*S. Chinensis*) and southern (*S.*

sphenanthera).

Part used: fruit, raw or steamed with vinegar or rice wine

Meridians: kidneys, heart, lungs

Taste: sour

Usage: for coughs caused by weakness of the lungs, sometimes in

combination with ginseng. Use with Mai Men Dong

(Ophiopogon japonicus/'Lush winter wheat') to treat patients who sweat, have a dry mouth, tire easily and are depressed.

Dosage: 1.5-6g

Xin Yi Hua Magnolia liliflora Magnolia flower

Part used: flower

Meridians: none specific

Taste: tangy

Usage: for the treatment of rhinitis and nasosinusitis. Clears running

nose and headaches.

Dosage: 1-3g

Yin Yang Huo Epimedium brevicornum.

'Licentious goat wort'

E. grandiflorum, E. sagittatum

Part used:

the whole plant apart from the root

Meridians:

liver, kidneys

Taste:

sweet

Usage:

used to treat high blood pressure in elderly women, impotence

and paralysis of the lower limbs.

Dosage:

3-9g

Yu Xing Cao

Houttuynia cordata

'Fishy smelling herb'

Part used: Meridians:

whole herb kidneys, lungs

Taste:

sweet with a fishy odour, hence it is also know as the smelly

fishy plant

Usage:

the treatment of lung and kidney disorders.

Dosage:

9-30g

Yuan Zhi

Polygala tenuifolia

Root of Chinese senega

Part used:

root, chopped and treated with liquorice

Meridians:

lungs, heart, kidneys

Taste:

bitter

Usage:

for treatment of irritability, insomnia and depression.

Dosage:

3-9g

Zi Su Ye

Perilla frutescens

Perilla leaf

Part used:

leaves

Meridians:

spleen, lungs

Taste:

sweet

Usage:

to promote ch'i, to relieve pain and tightness in the abdomen, to

cancel out the effects of food poisoning (especially when

caused by seafood), to ease vomiting and diarrhoea.

Dosage:

6-12g

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Also part of the herbalist's traditional repertoire will be such well-known herbs as ginseng, garlic and ginger. Ginseng (Panax ginseng) is the dried root of the Ren Shen plant which is grown mainly in Japan and Korea. Its main uses are to help strengthen weak bodies and to help patients recovering after illness. It is used extensively as a nutritive and restorative tonic and to treat impotence, neurasthenia, spermatorrhoea, anaemia, senility, uterine disorders and nephritis.

Ginger is the fresh root of Zingiber officianale (Gan Jiang) and is used mainly as a stomach restorative. It is used in the treatment of nausea and vomiting as well as diarrhoea, rheumatism, abdominal and spleen ache and sometimes for strider - obstructed breathing.

Garlic (Allium sativum) known as Xie Bai to the Chinese, is used to thin the blood. It is known to reduce blood cholesterol, prevent heart disease, aid digestion and to lower blood pressure.

The preferred form of the vitamins and amino acids are shown in Table 4. "Pepsin" refers to commercially available pepsin digest.

TABLE 4

VITAMINS AND AMINO ACIDS

Vitamins & Amino Acids

L-Phenylaline Vitamin C Vitamin E Vitamin ED

Inositol Selenium Methionine Soya Isolate Trace Mineral Clay

Lysine Pepsin Whey Protein Zinc Amino Acid Chelate

Co-enzyme Q

Superoxide Dismutase Vegetable enzymes Iron Gluconate

Copper amino acid gluconate

Calcium amino acid gluconate

L-Threonine

Chromium niacin

Selenium methionine

L-phenylanaline

Method

Extraction Extraction Extraction Extraction

Trace Mineral Trace Mineral Trace Mineral Trace Mineral

Compound Compound Compound 32

The invention will now be described by way of example.

The product formulae below show the dosage, for the disorders treatable by the composition, the amounts of the components used and therapies which may be used in combination with the compositions. Typically capsules contain between 200mg and 1g of composition per capsule.

The formulations may be taken neat or diluted with, for example 50% volume/volume cordial, fruit juice or lemonade.

The dosages may be separated into, for example, 3 equal doses taken after breakfast, lunch and an evening meal.

Skin care, massage and sports injury remedies may be applied topically directly onto the area to be "treated".

The <u>Aloe vera</u>, honey products, vitamins/amino acids, Indian brandee and blackcurrant concentrate are all commercially available products.

The Aloe vera products, heat lotion and propolis creme may be obtained from Forever Living Products (UK) Ltd, Longbridge Manor, Longbridge,

SUBSTITUTE SHEET (RULE 26)

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Warwick, Warwickshire, United Kingdom. Aloe vera "juice" comprises as main ingredients stabilised Aloe vera gel, sorbitol, lemon juice, vitamin E, sodium benzoate and papain. "Pure" Aloe vera comprises stabilised Aloe vera gel, sorbitol, citric acid, vitamin E, sodium benzoate and papain. Aloe vera "nectar" comprises raw Alow vera gel, fructose, sorbitol, cranberry and apple juice concentrate, ascorbic acid, citric acid, potassium sorbate, sodium benzoate, xanthan gum, tocopherol and colourings.

Heat lotion comprises stabilized Aloe vera gel, DI water, propylene glycol, stearic acid, glyceryl stearate, triethanolamine, eucalyptus oil, methyl salicylate, apricot kernel oil, sesame oil, cetyl alcohol, petrolatum, lanolin, jojaba oil, oleic acid, stearyl stearate, dioctyl adipate, octyl stearate, octyl palmitate, PEG-100 stearate, allantoin, mineral oil, lanolin alcohol, ascorbic acid, diazolidinyl urea, methylparaben and propylparaben.

Propolis creme comprises stabilized Aloe vera gel, glyceryl stearate (and) PEG-1-00 stearate, propylene glycol, cetyl alcohol, dioctyl adipate (and) octyl stearate (and) octyl palmitate, lanolin, sorbitol, allantoin, bee propolis extract, lanolin alcohol, dimethicone, mineral oil, imodazolidinyl, urea, vitamins A & E, comfrey extract, chamomile extract, triethanolamine, ascorbic acid, methylparaben, propylparaben, fragrance.

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Rescue remedy is a composition of five Bach flower remedies: Impatiens, Star of Bethlehem, Cherry Plum, Rock Rose and Clematis.

Except where indicated, the essential oils, Chinese herbs/Indian spices, honey products, vitamins/amino acids, Indian brandee and blackcurrant concentrate are mixed together in the amounts indicated with sufficient Aloe vera to make the final formulation up a final volume of 1,000 ml.

All components are from commercial sources. Vegetable enzymes are obtained as a commercially available product from "G and G Foods (UK)".

Initial results indicate that the specific essential oil and herb/spice combination of the invention provides effective compositions for medical and/or cosmetic use.

PATIENT PILOT STUDY

From a database of 250 people, having been diagnosed by their own practitioner as having M.E./Chronic Fatigue Syndrome, 80 responded to the inventors for information requesting to take the particular formula.

The findings of this initial pilot study indicated:

- One third of the respondents diagnosed with M.E./Chronic Fatigue Syndrome did not have this condition. Most had Candida, depression or arthritis. A number suffered from a combination. Due to the similarity and overlap of many symptoms, without practitioners being able to measure the response by administering separate formula for each of these conditions, it is not possible for them to accurately disseminate between these four conditions.
- ii) When a patient has been accurately diagnosed and they take the respective formula, as shown in Table 5, correctly, a full recovery is apparent at the end of the 25 day ingestion period.
- iii) A pattern also became evident with about one third of patients making a partial recovery and in a few cases no realistic recovery. In all these cases it became apparent each respective formula of the inventors was being frustrated. After further discussion and analysis of the patient records a clear pattern emerged.

In the majority of cases these patients had been exposed to either one or a combination of the following traditional treatments:

		Side Effects
(a)	X-rays/scans	Medical irradiation
(b)	Medical drugs	Misfunction
(c)	Amalgam dental fillings	Mercury poisoning
(d)	Organophosphate exposure	Nervous system

- iv) The inventors then developed an additional 'body cleanser/irrigator' formula (Table 6). After taking this 25 day formula the original formula still resting within these patients was then released to perform.
- v) Due to the alarming number of patients from referrals and potential patients suffering from the side effects of the above traditional treatments, the Foundation has successfully combined the 'irrigator' within each of its main formula. This prevents patients from having to take two formulae which doubles both the cost and time.

TABLE 5

Essential Oils		Herbs/Spices
Bergamot Camphor Chamomile Roman Eucalyptus Globulus Ginger Juniper Melissa Peppermint Rose Geranium Rosemary Tea Tree	1/4ml	Herbs: 5:1 Bai Guo Ye - 2gm Ba Ji Tian - 2gm Chen Xiang - 2gm Da Huang - 2gm Huang Lian - 2gm Niu Bang Zi - 2gm Salix Alba - 2gm Zhi Zi - 2gm Spices: Cinnamon Sugar - 10gm Cloves 10gm Coriander - 10gm Garlic - 10g Juniper Bernes - 10gm

Base	ngredients	Flavouring
Honey Products Royal Jelly - 20gm Bee Propolis - 20gm	Aloe Vera/Amino Acids/ Vitamins Aloe Vera: 2/3 litre	Honey -20mi Indian Brandee - 20mi Vanilla - 50gm
Enzymes/Minerals Enzymes: Vegetable Enzymes - 30gm Minerals: Calcium - 10gm	Amino Acids: Copper Amino Acid Chelate - 30gm Lythium Threonine - 30gm Superoxide Dismutase (S.O.D.) - 30gm Zinc Amino Acid Chelate - 5gm	
Garlic - 20gm Inositol - 25gm Iron - 10gm Mineral Clay Powders - 30gm	Vitamins: VIT C - 30gm VIT E D - Alpha Tocapherol - 10gm	

TABLE 6

Aloe Vera	Essential Oils	3	Chinese Herbs/Indian Spices
Nectar	Bergamot Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Zeylanicum Clove Buds Eucalyptus Globulus Frankincense Fennel Hyssop Juniper Lemon Grass Mountain Savoury Niaouli Red Thyme Rosemary Rose Geranium Tagestes Ylang Ylang	1mi 1mi 1mi 1mi 1mi 1mi 1mi 1mi 1mi 1mi	Chinese Herbs: Acacia Catechu - 30gm Acanthopanax Gracilistylus - 30gm Caesalpinia Sappan - 30gm Epimedium Spinosa - 30gm Indian Spices: Asapoetidia - 20gm Coconut Cream Block - 20gm Coriander - 20gm Fenugreek - 20gm Horseradish Ribbled - 20gm

Honey Products	Vitamins/Amino Acids	Other	Therapies
Royal Jelly - 4000gm Bee Propolis - 1ml	VIT C - 30gm VIT E D - Alpha Tocapherol - 30gm Inositol - 2500mg Pepsin - 30gm Selenium Methlonine - 30gm Soya Isolate - 30gm Trace Mineral Clay - 30gm Whey Protein - 50gm Zinc Amino Acid Chelate - 30gm	Indian Brandee - 20ml Blackcurrant Concentrate - 20ml	Chinese Acupuncture - 2 sessions
		· ·	

Product Formula A	-20-	- 2 capsules 3 times daily over 20 days * + Fomula Z - CRA - 2 sessions with Arom	20 days ith Aromatherapis	#Reflexologis	nes daily over 20 days A - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	um 7 days apart)
Angina	Athe	Atherosclerosis Diabetes	etes	Heartburn	Tumour	
Artery Walls	Blood	sure	Emphysema	Raynard's Disease	Sease	
ASUBIIA Fesential Oils	2	Herbs/Spices	Merin ignis	Base Ir	S & Healt Attacks Base Ingredients	Flavouring
	1	- 1	Unang Dandunde		Alex West Amilian Asiat () file and a	Janot
Basil		Herbs: 5:1 Bai Guo Ye (Ginkgo) - 2gm	Royal telly 3.1 - Zom	Ē	Aloe Vera/Amino Acids/ Vitamins	Honey - Zumi Indian Brandes - 20mt
Derganion		Bu Gu Zhi - 2gm	יייי פיייין - ייי	Į,	Aloe vera.	muan Dianues - 2011)
Camphor	m _g /.	Ban Xia - 2gm	Bee Propolis - 4:1 - 5gm	5gm	Over 70 nutrients - % litre	Vanilla - 50gm
Chamomile German	E,	Chen Xiang - 2gm				
Chamomile Maroc	lm ₈ /	Da Huang - 2gm	Enzymes/Minerals		Amino Acids:	
Chamomile Roman	l' _{em}	Uang Shen - 2 gm	Enzymes:		L-Threonine - 15gm	
Cinnamon Leaf	1/emi	Ge Gen - 2am	Vegetable Enzymes - 15gm	- 15gm		
Clove Buds	1/em]	Grapeseed - 15mcg				
Diil	1/eml	Lu Jiao Shuang - 2gm	Minerals:		Vitamins:	
Eucalyptus Globulus	1/emf	Ma Dou Ling - 10gm (1:1) (Not UK)	Calcium Amino Acid Chelate 20% -	Chelate 20% -	VIT C - 15am	
Fennel	1/eml	Man Zhao Cao (Cats Claw) - 2cm	10gm		VIT F D - Alpha Tocapherol - 10cm	
Frankincense	1,eml	Niu Bang Zi - 2gm	Copper Amino Acid Chelate 20%	Chelate 20% -		
Hyssop	1/eml	Pycnogenol - 10mcg	15gm			
Juniper	lm ₀ /	Salix Alba (White Willow) - 10gm 1:1	Garlic - 5gm			
Lavender	1/eml	Shen Jin Cao - Zgm Shei Di Hispo - Zgm	Inositol 25gm			
Lemon Grass	lms/	Su Mu - 2am	Iron Gluconate 12.5% - 10gm	6 - 10gm		
Mountain Savoury	Jum'	Suan Zao Ren - 2gm	Mineral Clay Powders - 15gm	s - 15gm		
Niaouli	, Ima/	Tian Nan Xing - 2gm	Superoxide Dismutase (S.O.D.)	e (S.O.D.) -		
Peppermint	lms/	VVu Jia PI - Zgm Xina Ren - Zam	15gm			
Rose Geranium	1/sml	Zhen Zhu Mu - 2gm	Zinc Amino Acid Chelate 20% -	late 20% -		
Rosemary	1/smf	Zhi Mu - 2gm	uße		-	
Tagestes	1/sml	Spices:				
Thyme Red	lm ₈ /	Asatoetidia - 10gm				
Ylang Ylang	lme/	Celery Salt - 10gm				
		Chilli Powder - 10gm				
		Coconut Cream Block - 10gm				-
		Corander - 10gm Feruggeek - 10cm				
		Horseradish Ribbled - 10gm				
		Mace Ground - 10gm				
		Mixed Spices Sweet - 10gm				
		Nutmeg Powder - 10gm				

Abscess Action of the control of the	Product Formula B	- 20	2 capsules 3 times daily over 20 days + Formula Z - CRB - 2 sessions with Aroma + Formula Z - CRN - 2 sessions with Aroma	20 days th Aromatherapist/Reflexologist th Aromatherapist/Reflexologist	Inimum 2 ho u inimum 2 hou	irs apart, maximum 7 days apart) rs apart, maximum 7 days apart)
Cohing C	Abscess	Ca	ndida (Thrush/Cystitis) En	dometritis Indigesti Ionatitis *Irritable	Bowel Pre-Menstrual Syndrome	ndrome
Properticutifies	Alcoholism **Anorexia			us Hernia	Ulcers - External	
Herbs: 5:1 Herbs: 5:1	**Bulimia	Diver			1	Flavouring
	Essential Olls		Herbs/Spices		at the Animal of the Company of the Animal of the Company of the C	Honev . 20ml
1,4m Bai Guo Ye (Ginkgo) - 2gm Royal Jelly - 3: 1 - 7gm 1,4m Bai Guo Ye (Ginkgo) - 2gm Bee Propolis - 4: 1 - 5gm 1,4m Dah Bai Zhu - 2gm Bee Propolis - 4: 1 - 5gm 1,4m Dah Bai Zhu - 2gm EnzymesfMinerals 1,4m Dang Gua - 2gm EnzymesfMinerals 1,4m Graposeed - 15mcg Enzymes - 15gm 1,4m Graposeed - 15mcg Enzymes 1,4m Graposeed - 15mcg Calcium Amino Acid Chelate 20% - 1,4m 1,4m Safix Aba (White Willow) - 10gm 10gm 1,4m Safix Aba (White Willow) - 10gm 1,4m Safix Aba (White Wi	Demamot	lms/	Herbs: 5:1	Honey Products	Aloe VeralAming Acids/ VII amilia	Indice Breeder 20ml
Jam	Black Pepper	lm ₉ /	Bai Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian brandee - 201111
	Camphor	, sml	Bal Zhu - Zgm Chai Hu - Zgm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - % litre	Valilla - Sugin
Marcc Marcc Marcc Marcc Marcc Marcc Man	Chamomile German	1,eml	Da Huang - 2gm		,	
Pang Shen - 2gm	Chamomile Maroc	m ₀ / ₁	Dang Gui - 2gm (Dong Qual)	Enzymes/Minerals	Amino Acids:	
Second S	Chamomile Roman	lms/,	Dang Shen - 2gm	Enzymes:	Glutamine - 15gm	
Jami Gui Ban - 2gm Jin Quian Cao (Cats Claw) - 2gm Calcium Amino Acid Chelate 20% - 15gm Saix Aba (White Willow) - 10gm Jin Quian Cao Jin Cao Ji	Jean comercia	1, and	Er Cila - zgill Granssand - 15mca	Vegetable Enzymes - 15gm	L-Threonine - 15gm	
	· · · · · · · · · · · · · · · · · · ·	Jum/	Gui Ban - 20m		Pycnogenof - 10mcg	
Jan Yan Hua - 2gm Calcium Amino Acid Chelate 20% - 1 Jami	Clove buds	Jun 1	Jin Quian Cao - 28m	Minerals:	Superoxide Dismutase (S.O.D.) - 15gm	
Lu Jiao Shuang - 2gm 10gm	Eucalyptus Globulus	1	Jin Yin Hua - 2gm	Calcium Amino Acid Chelate 20% -		
1,6ml	Fennel	E,	Lu Jiao Shuang - 28m	18cm		
1,6m Pycnogende - 14mcg 1,5m 15gm 15gm 15gm 1,6m Safix Alba (White Willow) - 10gm 1:1 15gm 15gm 1,6m Sub Li Husig - 2gm 1,6m Sub Li Husig - 2gm 1,6m Yan Hu Suo - 2gm 1,6m Yan Hu Suo - 2gm Mineral Clay Powders - 15gm 1,6m Spices: 1,6m Cayenue Pepper - 10gm Mineral Clay Saft - 10gm Cayenue Pepper - 10gm Cayenue Cayenue Pepper - 10gm Cayenue Pe	Frankincense	로,	Mao Zhao Cao (Cats Claw) - 2gm	Conner Amino Acid Chelate 20% -	V(16 cm 12 c	
Sau Charles Value Sau Charles Value Sau Charles	Hyssop	E,	Pycnogenal - 10mcg	15am	VIT C 15cm	
Sem Substance	Juniper Berry	E,	Shir Oi Huand - 2dm	Godic - Som	VII C - IOUNI	
avoury 'lem' Vu Lia Pi - 2gm 'lem' Yan Hu Suo - 2gm 'lem' Zhi Zi - 2gm 'lem' Asafoetda - 10gm 'lem' Celeny Salt - 10gm 'lem' Celeny Salt - 10gm 'lem' Cocourt Cenam Block - 10gm Cotander - 10gm Ginger - 10gm Horseradish Rebled - 10gm Horseradish Rebled - 10gm Horseradish Rebled - 10gm	Lemon Grass	lme/,	Su Mu - 20m	Calle - ogni	VII E D - Apna tocaphetot - 10gm	
lum 1,6mi Yan Hu Suo - 2gm 1,6mi Zhí Zi - 2gm 1,6mi Asafoetda - 10gm 1,6mi Celeny Salt - 10gm 1,6mi Celeny Salt - 10gm 1,6mi Cocount Cean Block - 10gm 1,6mi C	Mountain Savoury	lm ₈ /	Wu Jia Pi - 2gm	mosing cognition		
lum 1,6ml 2h Zr 2gm 1,6ml 8ptes: 1,6ml Assfootda - 10gm 1,6ml Cayenne Pepper - 10gm 1,6ml Celeny Satt - 10gm Cohart Seam Block - 10gm Cocant Cocan Block - 10gm Cocant Cocan Block - 10gm Dill Seeds - 10gm Fenugreek - 10gm Gingar - 10gm Horseradish Ribbled - 10gm Mace Gord - 10gm	Namili	1/emj/	Yan Hu Suo - 29m	Ifon Giuconate 12.378 - Tugin		
1/eml Spices: 1/eml Assfociate - 10gm 1/eml Cayenre Pepper - 10gm 1/eml Celary Salt - 10gm 1/eml Cocont Cream Block - 10gm Cocont Cream Block - 10gm Cocont Cream Block - 10gm Dill Seeds - 10gm Fenugreek - 10gm Ginger - 10gm Horseradish Ribbled - 10gm Horseradish Ribbled - 10gm	Rose Geranlum	1/eml	Zhi Zi - Zgm	Mineral Clay Fowders - 10gill		•
fam /san /san /san /san /san /san /san /san	Roseman	lm ₀ /	المارية المارية	Alic Alino Add Chema Low :		
Jeml	Sweet Marforam	lm ₉ /	Assfortida - 10cm			
Ing/,	Tanestes	1/eml	Cayenne Pepper - 10gm			
Ju _e ni	Thyma Red	lm ₀ /	Colory Salt - 10gm	•		
	Ylang Ylang	1/eml	Cocourt Cream Block - 10cm			
Dil Seeds - 10gm Fenugreek - 10gm Ginger - 10gm Horseradish Ribbled - 10gm Mace Gordund - 10gm			Cortander - 10am			
Fenugreek - 10gm Ginger - 10gm Horseradish Ribbled - 10gm Macs Ground - 10gm			Dill Seeds - 10gm			
Horseradish Ribbled - 10gm Mace Ground - 10gm Mace Ground - 10gm			Fenugreek - 10gm			
Wace Ground - 10gm			Horseradish Ribbled - 10gm			
			Mace Ground - 10gm		,	
Mustalig Seed District - 19811			Austral deed black - 10gm			

Essential Oils Herbs/Spices He	Product Formula C1	(Pre\	(Prevention) - 2 capsules x 3 tim	sules x 3 times daily for 20 days sessions with Aromatherapist/Reflexologist (n	osules x 3 times daily for 20 days 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	days apart)
Pergamon Perpendicular P	Cold Antidote	Coug		Influenza Antidote	**Pneumonia	
Herbs: 5:1	Frsential Oils		Herbs/Spices	Base II	ngredients	Flavouring
Figure F			10 Per 10	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
1,6mm	Bergamot	1	Herbs: 5:1 Da Huang - 20m	Roval Jelly - 3:1 - 7am	Aloe Vera:	Indian Brandee - 20ml
Chamonie Roman Jame Lang Lan - 2gm Er Cha - 2gm Mine Fals: Vegetable Enzymes - 15gm Fannel 1,6ml 1,6ml 2 - 2gm Mine Fals: Calcium Amino Acid Chelate 20% - 10gm Hyssop 1,6ml Nu Ja Pi - 2gm Capper Amino Acid Chelate 20% - 10gm 1,6ml Juniper 1,6ml Spices: Capper Amino Acid Chelate 20% - 15gm Mountain Savoury 1,6ml Spices: Garlic - 5gm Mountain Savoury 1,6ml Cassia - 10gm Inongment - 10gm Niaouli 1,6ml Cooper - 10gm Inongment - 10gm Inongment - 10gm Nace Geranium 1,6ml Fenugreek - 10gm Sigm Sigm Spanish Majoram 1,6ml Horseadish Ribbled - 10gm Sigm 1,6ml	Chamomile German	1, 19	Echinacaea Angustifolia - 10gm (1:1)		Over 70 nutrients - 1/4 litre	Vanilla - 50gm
Junior Red Jet Junior Caracterist Jet	Chamomile Maroc	1,	Er Cha - 2gm			
Jin Yin Huia - 2gm	_	, E	Huang Lian - 29m	Enzymes/Minerals	Amino Acids:	
Clove Buds			Jin Yin Flua - Zgiii	En atimo 6.	1 Thraching - 15am	
Euralyptus Globulus '/ _{sml} Lian Zi (Red) - 2gm Vegetable Enzymes - 15gm Fennel 1, _{sml} Long Yan Rou - 2gm Minerals: Frankincense 1, _{sml} Sang Ye - 2gm Minerals: Hyssop 1, _{sml} Sang Ye - 2gm Calcium Amino Acid Chelate 20% - 2gm Juniper 1, _{sml} Subu - 2gm Calcium Amino Acid Chelate 20% - 10gm Juniper 1, _{sml} Xing Ren - 2gm Copper Amino Acid Chelate 20% - 10gm Mountain Savoury 1, _{sml} Spices: Calcium Amino Acid Chelate 20% - 10gm Mountain Savoury 1, _{sml} Spices: Gartic - 5gm Myrile Red 1, _{sml} Savoury 1, _{sml} Saroetidia - 10gm Nisaouli 1, _{sml} Cassia - 10gm Inositol 25gm Nisaouli 1, _{sml} Coonut Cream Block - 10gm Ino Gluconate 12.5% - 10gm Rose Geranium 1, _{sml} Cream of Tartar - 10gm Zinc Amino Acid Chelate 20% - 15gm Neme Rosemary 1, _{sml} Horseradish Ribbled - 10gm Sgm Yearl Juniper Berries - 10g 10gm Yiang Mace Ground - 10gm 10gm		E, ,	Jie Geng - Zgm	Ent/Villes.	1 15cm	
Fennel '/ _s ml Long Yan Kou - 2gm Minerals: Frankincense ' _s ml Niu Bang 2i - 2gm Calcium Amino Acid Chelate 20% - 2gm Hyssop ' _s ml Su Mu - 2gm Calcium Amino Acid Chelate 20% - 10gm Juniper ' _s ml Xing Ren - 2gm Copper Amino Acid Chelate 20% - 10gm Mundain Savoury ' _s ml Asafoetidia - 10gm Copper Amino Acid Chelate 20% - 15gm Myrtle Red ' _s ml Asafoetidia - 10gm Inositol 25gm Nisouli ' _s ml Cocont Cream Block - 10gm Mineral Clay Powders - 15gm Pine ' _s ml Cociander - 10gm Mineral Clay Powders - 15gm Rose Geranium ' _s ml Cociander - 10gm Zinc Amino Acid Chelate 20% - 5gm Spanish Majoram ' _s ml Fenugreek - 10gm Zinc Amino Acid Chelate 20% - 5gm Iagestes ' _s ml Horseradish Ribbed - 10gm Zinc Amino Acid Chelate 20% - 5gm Ingestes ' _s ml Amonge Berries - 10g Sgm Ingestes ' _s ml Amonge Ground - 10gm Sgm Ingestes ' _s ml Amonge Ground - 10gm		Ee/	Lian ZI (Ked) - Zgm	Vegetable Enzymes - Togin	Superoxide Distillutase (S.C.C.) - 138mi	
Frankincense 1,6ml Niu Bang 21 - 2gm Minerals: Hyssop 1,6ml Sang Ye - 2gm Calcium Amino Acid Chelate 20% - 10gm Juniper 1,6ml Wu Jia Pi - 2gm Copper Amino Acid Chelate 20% - 15gm Juniper 1,6ml Spices: Copper Amino Acid Chelate 20% - 15gm Mountain Savoury 1,6ml Asafoetidia - 10gm Gartic - 5gm Myrlle Red 1,6ml Cassia - 10gm Inositol 25gm Niaouli 1,6ml Coconut Cream Block - 10gm Ainneral Clay Powders - 15gm Rose Geranium 1,6ml Cream of Tartar - 10gm Ainneral Clay Powders - 15gm Rose Geranium 1,6ml Fenugreek - 10gm Ainneral Clay Powders - 15gm Spanish Marjoram 1,6ml Horseradish Ribbled - 10gm Ainneral Clay Powders - 15gm Thyme Red 1,6ml Amolper Berries - 10g Ainneral Clay Powders - 10gm Ylang Ylang 1,6ml Onlon - 10gm Ainneral Clay Chelate 20% - 10gm	_	lm ₈ /	Long Yan Rou - 2gm			
Hyssop Joint Sang Ye - 4gm Su Mu - 2gm Juniper		1, ma/	Niu Hang Zi - Zgm	Minerals:	Vitamins:	
Juniper Jeml Wu Jia Pi - 2gm Lemon Grass Jeml Wu Jia Pi - 2gm Lemon Grass Jeml Xing Ren - 2gm Lemon Grass Jeml Xing Ren - 2gm Lemon Grass Jeml Spices: Garlic - 5gm Inositol 25gm Inositol 25gm Jeml Cocouut Cream Block - 10gm Jeml Fenugreek - 10gm Jeml Horseradish Ribbled - 10gm Jeml Juniper Berries - 10g Jeml Juniper Berries - 10g Jeml Juniper Berries - 10gm Jeml Jeml Jeml Onion - 10gm Jeml Jeml Jeml Onion - 10gm Jeml	_	J/m	Sang Ye - 2gm	Calcium Amino Acid Chelate 20% -	VIT C - 15gm	
Lemon Grass 1,6ml Xing Ren - 2gm Spices: Mountain Savoury 1,6ml Spices: Myrtle Red 1,6ml Asafoetidia - 10gm Asafoetidia - 10gm Cassia - 10gm Cassia - 10gm Chill Powder - 10gm Cocount Cream Block - 10gm Rose Geranium 1,6ml Cociander - 10gm Cream of Tartar - 10gm Cream Marjoram 1,6ml Fenugreek - 10gm 1,6ml Chill Powder - 10gm 1,6ml Chill Mace Ground - 10gm 1,6ml Chill Chi		July	Su Mi - 29!!!	10gm	VIT E D - Alpha Tocapherol - 10gm	
Mountain Savoury Mountain Savoury Myntle Red Niaouli Niaouli Patchouli Patchouli Patchouli Patchouli Neml Cassia - 10gm Chilli Powder - 10gm Coriander - 10gm Leml Mace Ground - 10gm Leml Mace Ground - 10gm Leml Mace Ground - 10gm Leml Coriander - 10gm			Via Den 24m	Copper Amino Acid Chelate 20% -		
Mountain Savoury /eml Asafoetidia - 10gm Niaouli Niaouli Patchouli Patchouli Pine Rose Geranium Rosemary Spanish Marjoram 1/eml Coriander - 10gm 1/eml Coconut Cream Block - 10gm Coconut Cream Block - 10gm Coconut Cream Block - 10gm 1/eml Coconut Cream Block - 10gm 1/eml Cream of Tartar - 10gm 1/eml Horseradish Ribbled - 10gm 1/eml Horseradish Ribbled - 10gm 1/eml Mace Ground - 10gm 1/eml Horseradish Ribbled - 10gm 1/eml Mace Ground - 10gm 1/eml Mace Ground - 10gm 1/eml Onion - 10gm	=	E .	Aling hell - cylin	15am		
Myntle Red 1,6ml Asafoetidia - 10gm Niaouli 1,6ml Cassia - 10gm Patchouli 1,6ml Chilli Powder - 10gm Phoe Cocount Cream Block - 10gm Rose Geranium 1,6ml Cociander - 10gm Rosemary Coriander - 10gm Spanish Marjoram 1,6ml Cream of Tartar - 10gm Sweet Thyme 1,6ml Horseradish Ribbled - 10gm Thyme Red 1,6ml Juniper Berries - 10g Thyme Red 1,6ml Onion - 10gm Ylang Ylang 1,6ml Onion - 10gm	_	me/	Spices:	Signal Services		
Niaouli 1,6ml Cassia - 10gm Patchouli 1,6ml Chilli Powder - 10gm Pline Rose Geranium 1,6ml Coriander - 10gm Rosemary Coriander - 10gm Rosemary 1,6ml Cream of Tartar - 10gm Spanish Marjoram 1,6ml Fenugreek - 10gm Tagestes 1,6ml Juniper Berries - 10g Thyme Red 1,6ml Onion - 10gm Yang Ylang		lm ₀ /,	Asafoetidia - 10gm			
Patchouli 1,6ml Chilli Powder - 10gm Plne Rose Geranium 1,6ml Coconut Cream Block - 10gm Rosemary 1,6ml Cream of Tartar - 10gm Spanish Marjoram 1,6ml Fenugreek - 10gm Sweet Thyme 1,6ml Horseradish Ribbled - 10gm Tagestes 1,6ml Juniper Berries - 10g Thyme Red 1,6ml Onion - 10gm 1,6ml Onion - 10gm	Nisouli	lm ₉ /,	Cassia - 10gm	Inositor Zagini		
Pline Rose Geranium Rose Geranium Rose Geranium Rosemary Spanish Marjoram Sweet Thyme Tagestes Thyme Red Yang Ylang Pline Coconut Cream Block - 10gm Coriander - 10gm Cream of Tartar - 10gm Fenugreek - 10gm Juliper Berries - 10g Juliper Berries - 10g Juliper Berries - 10g Juliper Berries - 10gm	T Patchouli	l _{ne}	Chilli Powder - 10gm	fron Gluconata 12.378 - Togili		
Rose Geranium 1/6ml Coriander - 10gm Rosemary 1/6ml Cream of Tartar - 10gm Spanish Marjoram 1/6ml Fenugreek - 10gm Sweet Thyme 1/6ml Juniper Berries - 10g Tagestes 1/6ml Mace Ground - 10gm Ylang Ylang 1/6ml Onion - 10gm		lmg/	Coconut Cream Block - 10gm	Mineral Clay Fowners - 19811		
1/sml Cream of Tartar - 10gm 1/sml Fenugreek - 10gm 1/sml Horseradish Ribbled - 10gm 1/sml Juniper Berries - 10g 1/sml Mace Ground - 10gm 1/sml Onion - 10gm		l/emi	Coriander - 10gm	Zinc Alnino Acid Cifelate 20 /6 = 5-m		
Ing,' Ing,' Ing,' Ing,' Ing,' Ing,' Ing,' Ing,'	Rosemary	1/eml		1180		
1,8ml	Spanish Marjoram	lme/	Fenugreek - 10gm			•
Ins,' Ims,' Ims,'	Sweet Thyme	1/eml	Horseradish Ribbled - 10gm			
lmo,' lmo,'	Tagestes	lms/	Juniper Berries - 10g			
lmo/t	Thyme Red	lm ₈ /	Mace Ground - 10gm			
	Ylang Ylang	lme/	Onion - 10gm			
1000	0	1,0ml				

Product Formula C2 Cold Antidote	(Cure	(Cure) - Phial (single 50ml dose) + + Formula Z - CRC2 - 2 sessions wit + + Formula Z - CRN - 2 sessions with Coughs/Bronchitis	th Aromatherapist/Reflexologist Aromatherapist/Reflexologist (*Influenza Antidote	Cure) - Phial (single 50ml dose) + Formula Z - CRC2 - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) + Formula Z - CRN - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) coughs/Bronchitis	7 days apart) 7 days apart)
Essential Oils		Herbs/Spices		Base Ingredients	Flavouring
Camphor Chamomile Roman Eucalyptus Globulus Grand Fir Juniper Melissa Patchouli Tagestes	,/eml	Herbs: 5:1 Che Qian Cao - 2gm Dan Shen - 2gm Echinacaea Angustifolia - 10gm Huang Lian - 2gm Jia Geng - 2gm Jin Yin Hua - 2gm Lian Zl (Red) - 2gm Long Yan Rou - 2gm Niu Bang Zi - 2 gm Xing Ren - 2gm Xing Ren - 2gm	<u>Honey Products</u> Royal Jelly - 10gm Bee Propolis - 10gm	<u>Vitamins/Amino Acids</u> VIT C - 15gm Inositol - 10gm Lysine (Amino Acid) - 10gm	Honey - 20ml Indian Brandee - 20ml Vanilla - 50gm

		+ Followed by Formula F - C- 2 sessions with Aroma's	• + Followed by Formula F - Clarissa Balancing System - 2 sessions with Aromatherapist/Reflexologist (minimun	-ollowed by Formula F - Clarissa Balancing System - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	oart)
*Clinical Depression (inherited) Hypertension	rited)	*Insomnia *Lifestyle Depression	Mental Breakdown Post Natal Depression		*Psychopathical Social Violence Stress
Essential Oils		Herbs/Spices	Base	Base Ingredients	Flavouring
Darie	lms/	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Dansel	, m	Bai Dou Kou - 2am	Royal Jelly - 3:1 - 7gm	Atoe Vera:	Indian Brandee - 20ml
Chamomile German	lm ₈ /	Bai Guo Ye (Ginkgo) - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - 1/4 litre	Vanilla - 50gm
Chamornite Maroc	lme/	Bai He - 2gm			
Chamomile Roman	1/eml	Da Huang - 2gm	Enzymes/Minerals	Amino Acids:	
Cinnamon Leaf	lm ₀ /	Dang Shen - 2gm	Enzymes:	L-Threonine - 15gm	
Clove Buds	lm ₀ /,	Du Zhong - 2gm	Vegetable Enzymes - 15gm	Phosphetidyl Cholim - 10gm	
Eucalyptus Globulus	, emi	Er Cha - 2gm		Superoxide Dismutase (S.O.D.) - 15gm	
Fennel	1,eml	Grapeseed - 15mcg	Minerals:		
Frankincense	1/aml	Gui Ban - 2gm Dycnogenol - 10mca	Calcium Amino Acid Chelate 20% -	Vitamins:	
Grapefruit	lme/	Su Mu - 29m	10gm	VIT C - 15gm	
Hyssop	, me/,	Tian Ma - 2gm (Not UK)	Copper Amino Acid Chelate 20% -	VIT E D - Alpha Tocapherol - 10gm	
Juniper	lm ₈ /	Wu Jia Pi - 2gm	Light C		•
Lemon Grass	lm ₉ /	Yin Yang Huo - 2gm			
Melissa	1/eml	Spices:			
Mountain Savoury	lm ₈ /	Aniseed - 10gm	Ifon Gluconate 12.376 - 10gill		
Niaouli	lm ₀ /	Asafoetidia - 10gm	Mineral Clay Powders - 15gm		
Rose Geranium	lm ₀ /		Zinc Amino Acid Ciletate 2076 -		
Rosemary	lm ₀ /	Coconut Cream Block - 10gm			
Sweet Marjoram	Jug.	Coconut Ground - 10gm			
Tagestes	lmg/	Coriander - 10gm			
Thyme Red	lme/	Fenugreek - 10gm			
Ylang Ylang	lm ₀ /	Horseradish Ribbled - 10gm			
		Mace Ground - 10gm			
		Mixed Spices Sweet - 10gm			

Far Ache Throat Infections		-	-		
		Eye Retina	Gum Disorders	tions	Sinusitis
Eve Infections		Glaucoma	Hay Fever	Pnaryngiiis	
Essential Oils		Herbs/Spices	Base f	Base Ingredients	Flavouring
	Jay.	Horhe: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Aniseed		Da Hissa - 20m	Dovol (ally - 3.1 - 7am	Aloe Vera:	Indian Brandee - 20ml
Bergamot	mø/,	Fr Clia - 20m	Don Dronolie 4.1 - 5am	Over 70 nutrients - % litre	Vanilla - 50gm
Camphor	Eø/	Cranecood - 15mca	Dee Clopous - 4.1 - 98m		
Carrot	1/eml	Jin Vin Hira - 20m			
Chamomile German	lm ₈ /	Pycnogenol - 10mcg	Enzymes/Minerals	Amino Acids:	
Chamomile Maroc	1/sml	Qiang Huo - 2gm	Enzymes:	L-Threonine - 15gm	
Chamomile Roman	1/aml	Salix Alba (White Willow) - 10gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
Circumo los	1/aml	1:1			
	1, m	Su Mu - 2gm	Minerals:	Vitamins:	
Clove Buds	1,4	Tian Nan Xing - 2gm	Coloina Amino Acid Chalata 20% -	VIT C - 15am	
Ditt	ELB/	Wu Bei Zi - 2gm	And Amilia Amilia Acid Cilcials 20.75	VII C - 10gm	
Eucalyptus Globulus	lm ₈ /	Wu Jia Pi - 2gm	10giii	man - Spenderon Bidiv - 0 2 11A	
Fennel	J _e ml	Xing Ren - 2gm	Copper Amino Acid Crielare 20 / -		
Frankingense	lm ₈ /	Yan Hu Suo - 2gm	ııı6cı -		
1000	1/aml	Zhi Zi - 2gm	Garlic - 5gm		
Lazei	1/-m	Spices:	Inositol 25gm		
Hyssop	1,811	Arrowroot - 10am	Iron Gluconate 12.5% - 10gm		
Juniper Berry	E®/	Accionation 100m	Mineral Clay Powders - 15gm		
Lavender	E,	Asaloellula - Togili	Zinc Amino Acid Chelate 20% -		
Lemon Grass	lm ₉ /	Chilli - 10gm			
Mountain Savoury	1,6ml	Cloves - 10gm			
itrocik	1/eml	Coconut Cream Block - 10gm			
	lma/	Coriander - 10gm			
	1/eml	Fennel - 10gm			
KOSE Celalium	,	Femigreek - 10am			
Rosemary	E,	Uncomplish Dibbled - 10am	:		
Sweet Marjoram	E,	Tolseladisi Nibbled - 108111			
Tagestes	E,	Mace Glound - Togin			
Thyme Red	Jem'	Mixed Spices - Sweet 10gin			
Thyme Sweet	Jue/	Paprika - Sweet - Togiti			
Ylang Ylang	lmg/				•

Product F	Product Formula F - CBA		2 sessions with Aromatheral Clarissa Balancing System	oist/Reflexologist (i	with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	days apart)
Clarissa C	Clarissa Carer - Personal Balancing System - Lack of Self Confidence	alanc F Cor	ing System nfidence			
Flower	Essential Oils		Herbs/Spices		Base Ingredients	Carrier Oits
Agrimon - 1ml Bergamot	Bergamot	lm ₈ /	/ _a ml Herbs: 5:1	Aloe Ve	Aloe Vera Pure - 20ml	Avocado - 10ml
Crab Apple -	Chamomile Roman	Lug Lug	1/6ml Bai Dou Kou - 2gm	Honey 20ml	20ml	Grapeseed - 40ml
1ml	Eucalyptus Globulus	1/em	Da Huang - 2gm			Hazelnut - 10ml
Sweet	Fennel	lu ₈ / _l	1,6ml Ji Xue Teng - 2gm			
Chestnut -	Hyssop	lm ₀ /				_
Ē	Juniper	lug/	Spices:			
	Niaouli	1/sml	¹ / ₈ ml Cassia Bark - 10gm			
					-	

Product	Product Formula F - CBB		2 sessions with Aromather Clarissa Balancing System	rapist/Reflexolc	2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) Clarissa Balancing System	naximum 7	days apart)
Clarissa C	Clarissa Carer - Personal Balancing System - Love and Contentment	alanc onte	sing System ntment				
Flower Remedies	Essential Oils		Herbs/Spices		Base Ingredients		Carrier Oils
Aspen - 1ml	Bergamot	lms/	/eml Herbs: 5:1		Aloe Vera Pure - 20ml		Avocado - 10ml
Chicory - 1ml	Chicory - 1ml Chamomile Roman	mø/	1/eml Da Huang - 2gm		Honey - 20mi		Grapeseed - 40ml
Gorse - 1ml	Gorse - 1ml Eucalyptus Globulus	lme/,	Gou Teng - 2gm				Hazelnut - 10ml
Mimulus -	Fennel	lmo/					
重		lm ₀ /	'/emt Spices:				
Vervain - 1ml Juniper		lm ₀ /	Allspice Ground - 10gm				
Wild Rose -	Niaouli	lm ₈ /,	Dill Seeds - 10gm				
		_					

Product Clarissa (Product Formula F - CBC 2 sessio Clarissa Carer - Personal Balancing System - Fear of Achievement	lalan	=	pist/Reflexol	is with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) 3alancing System	part, maximum 7	days apart)
Flower	Essential Oils		Herbs/Spices		Base ingredients		Carrier Oils
Beech - 1ml Clematis - 1ml Hornbeam - 1ml Larch - 1ml Mustard - 1ml Vine - 1ml	Bergamot Chamomile Roman Eucalyptus Globulus Fennel Hyssop Juniper Niaouli		I/aml Herbs: 5:1 I/aml Da Huang - 2gm I/aml Jin Ying Zi - 2gm I/aml Sang Ye - 2gm I/aml Splces: I/aml Asafoetidia - 10gm Cloves Ground - 10gm	·	Aloe Vera Pure - 20ml Honey - 20ml		Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml
Product	Product Formula E - CBD 2 sessio Clarissa Carer - Personal Balancing System - Anger & Jealousy	lanc	2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) Clarissa Balancing System ing System iy	oist/Reflexolo	gist (minimum 2 hours aç	oart, maximum 7	days apart)
Flower	Essential Oils		Herbs/Spices		Base Ingredients		Carrier Oils
Centuary - 1ml Elm - 1ml Impatiens - 1ml Walnut - 1ml Wild Oat -	Bergamot Chamomile Roman Eucalyptus Głobulus Fennel Hyssop Juniper	/ _e m/ / _e m/ / _e m/ / _e m/ / _e m/ / _e m/	Herbs: 5:1 Da Huang - 2gm Ye Ju Jua - 2gm Spices: Cardamom Seeds - 10gm Fenugreek Powder - 10gm	·	Aloe Vera Pure - 20ml Honey - 20ml	ì.	Avocado - 10ml Grapeseed - 40ml Hazeinut - 10ml

Product F	Product Formula F - CBE		2 sessions with Aromatherapist/Refle Clarissa Balancing System	2 sessions with Aromatherapist/Reflexologist (minimum 2 nours apart, maximum 7 days apart) Clarissa Balancing System	axillinili / c	iays apai y
Clarissa C	∷larissa Carer - Personal Balancing System - Hate & Regret	alanc ret	ing System			
Flower	Essential Oils		Herbs/Spices	Base Ingredients		Carrier Oils
Cerato - 1ml	Bergamot	lmg/	/oml Herbs: 5:1	Aloe Vera Pure - 20ml		Avocado - 10ml
Gentian -		mg/,	1/sml Da Huang - 2gm	Honey - 20ml		Grapeseeu - 40mi
ımı	Eucalyptus Globulus		1/eml Fu Pen Zi - 2gm		-	Hazeinut - Torrii
Heather -	Fennel	mg/ _t				
1ml	Hyssop	J _{sm}	1/smt Spices:			
Oak - 1ml		1/eml	Caraway Ground - 10gm			
Rock Water - 1ml		lm ₈ /	1/4ml Chilli Powder - 10gm			
Scleranthus -						
1ml						

Product F	Product Formula F - CBF		2 sessions with Aromathera Clarissa Balancing System	apist/Reflexolog	ions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	maximum 7	days apart)
Clarissa C	Clarissa Carer - Personal Balancing Syster	lanci	ing System				
	- Lack of Self Esteem	Este	em				
Flower	Essential Oils		Herbs/Spices		Base Ingredients		Carrier Oils
Kemedies		1			Aloe Vera Pure - 20ml		Avocado - 10ml
Cherry Plum	Bergamor	He,	Heros: 5:1		Joseph John Lands		Granecood - 40ml
-1m	Chamomile Roman	ше/,	Che Quian Cao - 2gm		noticy comm		Clapescou - Tolini
Holly - 1ml	Eucalyptus Globulus	lm ₀ /	Da Huang - 28m				Hazemut - Iomii
Olive - 1ml	Fennel	lmg/,	1/emt Su Mu - 2gm				
Red	Hyssop	Im ₀ /			•		
Chestnut -	Juniper	lms/	Spices:	7			
<u>=</u>	Niaouli	lmg/,	1/eml Arrowroot Ground - 10gm	-			
Rock Rose -			Cinnamon Ground - 10gm				
Ē							
White					-		
Chestnut -							
TE TE					West or		

Product F	Product Formula F - CBG		2 sessions with Aromatherapist/Reflexo	2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	ays apart)
Clarissa C	Clarissa Carer - Personal Balancing System - Mental Strength & Stamina	llanci ngth ,	ing System & Stamina		
Flower	Essential Oils		Herbs/Spices	nts	Carrier Oils
Chestnut Bud Bergamot - Iml Chamomil I loneysuckle - Eucalyptus Iml Fennel Pine - Iml Hyssop Star of Juniper Bethlehem - Niaouli Iml Water Violet - Iml Willow - Iml Rescue Remedy - Iml	e Roman s Globulus	/,emi /,emi /,emi /,emi /,emi	'/eml Herbs: 5:1 '/eml Da Huang - 2gm '/eml Gou Teng - 2gm '/eml Hu Huang Lian - 10gm '/eml Spices: '/eml Coriander Ground - 10gm Laos Powder - 10gm	Aloe Vera Pure - 20ml Honey - 20ml Gi	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml

Product F	Product Formula F - CBH		2 sessions with Aromather Clarissa Balancing System	rapist/Reflexolog	2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) Clarissa Balancing System	rt, maximum 7	days apart)
Clarissa C	Clarissa Carer - Personal Balancing Sysl - Guilt & Responsibility	alanci ponsi	ing System ibility				
Flower Remedies	Essential Oils		Herbs/Spices		Base Ingredients		Carrier Oils
Aspen - 1ml	Bergamot	lm ₈ /	/sml Herbs: 5:1	•	Aloe Vera Pure - 20ml		Avocado - 10mi
Cherry Plum -	Chamomile Roman	Jemi Jemi	Bai Guo - 2gm		Honey - 20ml		Grapeseed - 40ml
E		1,eml	'/ _{eml} Da Huang - 2gm				Hazelnut - 10mi
Etm - Im	Fennel	luº/	nu ro - zgm				
Ind	Hyssop	mø/,					
	Juniper	E,	Spices:				
	Niaouli	lug/	Cardam				
			Fennel Powder - 10gm				

Product Fc	Product Formula F - CBT		2 sessions with Aromatherapis Clarissa Balancing System	(/Keriexologi	ith Aromatherapist/Kerlexologist (minimum z nours apart, maximum r uays apart) ncing System	days apart
Clarissa Ca	Clarissa Carer - Personal Balancing System - Abuse, Trauma & Shock	ılanci ıma δ	ng System k Shock			
Flower	Essential Oils		Herbs/Spices		Base Ingredients	Carrier Oils
Chicoy - Ind Goise - Ind Rescue Remedy - Ind	Chicoy - Ind Bergamot Gose - Ind Chamomile Roman Rescue Remedy Eucalyptus Globulus - Ind Fennel Hyssop Juniper Niaouli	/ ₆ ml	Vem Herbs: 5:1 Chan Tui - 2gm Chan Tui - 2gm Da Huang - 2gm Ving Zi - 2gm Ving	4 I	Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml

Product F	Product Formula F - CBV		2 sessions with Aromather Clarissa Balancing System	rapist/Reflexolo n	2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) Clarissa Balancing System	rt, maximum 7	days apart)
Clarissa Ba	Clarissa Balancing System - Bereavement/Loss						
Flower	Essential Oils		Herbs/Spices		Base Ingredients		Carrier Oils
Certaury - Imi Chicory - Imi Horntoarn - Imi Rock Waler - Imi	Certaury - 1mi Bergamot Chocy - 1mi Chamomile Roman Hombean - 1mi Eucalyptus Globulus Rock Waler - Fennel 1mi Hyssop Juniper Niaouli	/emi /emi /emi /emi /emi /emi /emi	femi Herbs: 5:1 femi Ba Ji Tian - 2gm femi Da Huang - 2gm femi Xian He Cao - 2gm femi Spices: femi Anise Star - 10gm Chilli - 10gm	·	Aloe Vera Pure - 20ml Honey - 20ml		Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml

		Phial (Single 50ml dose)			,
Gastroenteritis Sickness					
0					
Essential Oils		Herbs/Spices	Vitamins/Amino Acids	Flavouring	
Chamomile Maroc Hyssop Lavender Niaouli	ln ₈ /' ln ₈ /' ln ₈ /' ln ₈ /'	'/eml Herbs: 5:1 '/eml Bai Jiang Cao - 2gm '/eml Bai Zhu - 2gm '/eml Da Huang - 2gm '/eml Da Huang - 2gm Shen Jin Cao - 2gm Spices: Carob - 10gm Coconut Powder - 10gm Fenugreek - 10gm	VIT C - 15gm Inositol - 25gm Vegetable Enzymes - 15gm	Vanilla - 50gm Honey - 10ml Indian Brandee - 10ml	

Product Formula H		Phial (Single 50ml dose)			
Headache Migraine					
Essential Oils		Herbs/Spices	Vitamins/Amino Acids	Flavouring	
Basil Bergamot Camphor Chamomile Roman Dill Eucalyptus Globulus Fennel Ginger Hyssop Juniper Niaouli	1,6m1 1,6m1 1,6m1 1,6m1 1,6m1 1,6m1 1,6m1 1,6m1 1,6m1	Herbs: 5:1 Da Huang - 2gm Salix Alba (White Willow) - 10gm 1:1 Su Mu - 2gm Yan Hu Suo - 2gm Yang Rong Wan - 2gm (Patent) Spices: Caraway Ground - 10gm Fennel - 10gm	VIT C - 15gm Inositol - 25gm Vegetable Enzymes - 15gm		50

50

Product Formula I		- 2 capsules 3 times daily	3 times daily over 20 days		
Infertility					·
		11hoffminne	Base It	Base Ingredients	Flavouring
Essential Oils		Herbs/spices		Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Basil	lm ₀ /	Herbs: 5:1	Honey Products	Aloe Vera:	Indian Brandee - 20ml
Recramot	'/ami	Da Huang - 2gm	Royal Jelly - 3:1 - 7gm	Over 70 nutrients - % life	Vanilla - 50gm
Chamomile German	1/eml	Er Cha - 2gm	Bee Propolis - 4:1 - 3gm		
Chamomile Maroc	1/emi	Huai Jiao Zi - 2gm		Amino Acids:	
Chamomile Roman	lm ₈ /	Lian ZI (Red) - Zgm	Enzymes/Minerals	L.Threonine - 15am	
Cinnamon Leaf	E,,	Lu Jiao Siluang - 28m	Managable Enzymes - 150m	Superoxide Dismutase (S.O.D.) - 15gm	
Clove Buds	Eg/	Mer lie Di . 2dm	יפו משוני בייד וייד וייד וייד וייד וייד וייד ויי	-	
Eucalyptus Globulus	Eø,				
Fatigue	E,		Miller als.	Vitamins:	
Fennel	E,			VIT C - 15am	
Frankincense	lm ₈ /.	Spices:	Conner Amino Acid Chelate 20% -	VIT F.D Alpha Tocapherol - 10gm	
Hyssop	™ ,	Asaroetidia - Tugiii	15am		
Juniper	J/emj	Carob - 10gm	Gardic - Som	-	
Lavender	lmg/,	Chilli Powder - 10gm	Inositol 25am		
Lemon Grass	E,	Cinnamon Sugar Togics	Iron Gluconate 12.5% - 10gm		-
Mountain Savoury	E ,	Cocoliul Clean clock - 10gm	Mineral Clay Powders - 15gm		
Niaouli	E %	Condition - 10gill	Zinc Amino Acid Chelate 20% -		
Patchouli	E€/,	5	Sgm		
Rose Geranium	E ,	Cinger - 10gm			
Rosemary	Ę.,	trainer Retries -100m			
Tagestes	E,	Mana Ground - 10am			•
Thyme Red	E .				
Ylang Ylang	Ē,				

P Conditions Honey Prod Royal Jelly - Bee Propolis Bee Propolis Bee Propolis Bee Propolis Calcium Am 10gm Copper Amin 15gm Gartic - 5gm Inositot 25gm Iron Glucons Mineral Clay Zinc Amino / 5gm	Honey Products Royal Jelly - 3.1 - 7gm Bee Propolis - 4:1 - 5gm	*Parkinson's Disease Psoriasis	
Essential Oils Essential Oils Herbs: 5:1 India German India Maroc India German India Maroc India Maroc	Honey Products Royal Jelly - 3:1 - 7gm Bee Propolis - 4:1 - 5gm		Shingles
Fessential Oils Identify the control of the contro		Base Ingredients	Flavouring
Nem		Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
mile German "smi bai Guo Ye (clinkgo) - 29m mile Maroc "smi ba Ji Tian - 2gm "smi bang Shen - 2gm "smi bam Grapesed - 15mcg "smi bam Grapesed - 10mcg "smi bam		Aloe Vera:	Indian Brandee - 20ml
mile German "Jemi Dang Shen - 2gm "Jemi Dang Shen - 2gm "Jemi Broman "Jemi Grapeseed - 15meg "Jemi Grapeseed - 15meg "Jemi Shu Di Huang - 2gm "Jemi Shu Di Huang - 2gm "Jemi Su Mu - 2gm "Jemi Su Mu - 2gm "Jemi Wu Jia Pi - 2gm "Jemi Wu Jia Pi - 2gm "Jemi Wu Jia Pi - 2gm "Jemi Wu Yao - 2gm "Jemi Shoroury "Jemi Sheres: "Jemi Sheres: "Jemi Alispice - 10gm "Jemi Powder - 10gm "Jemi Coriander - 10gm "Jemi Powder - 10gm		Over 70 nutrients - % litre	Vanilla - 50gm
mile Maroc 'sm' Dang Shen - 2gm "sm' Er Cha - 2gm "sm' Grapesead - 15meg "sm' Salix Alba (White Willow) - 10gm "sm' Salix Alba (Whi	E E E E E E E E E E E E E E E E E E E		
Salix Alba Sal		Amino Acids:	
in Savoury Them of Sav		Copper Amino Acid Chelate - 15gm	
total savoury		Glutamine - 15am	
tus Globulus 'sml Shu Di Huang - 2gm 'sml Su Mu - 2gm 'sml Su Mu - 2gm 'sml Su Mu - 2gm 'sml Yu Yao - 2gm 'sml Yao - 2gm '		1-Threonine - 15am	
Cense 'lemi Shu Di Huang - 2gm 'lemi Su Mu - 2gm 'lemi Wu Jia Pi - 2gm 'lemi Wu Jia Pi - 2gm 'lemi Wu Yao - 2gm 'lemi Zhen Zhu Mu - 2gm 'lemi Zhen Zhu 'lemi		Suneroxide Dismutase (S.O.D.) - 15gm	
Cense '/em' Su Mu - 2gm '/em' Wu Jia Pi - 2gm '/em' Wu Yao - 2gm '/em' Yem' Zhen Zhu Mu - 2gm '/em' Zhen Zhen Zhu Mu - 2gm '/em' Zhen Zhen Zhu '/em' Zhen Zhen Zhu '/em' Zhen Zhen Zhen '/em' Zhen Zhen Zhu '/em' Zhen Zhen Zhen Zhen Zhen Zhen Zhen Zhen Zhen Zhen	E		
Grass '/emi Wu Jia Pi - 2gm '/emi Wu Yao - 2gm '/emi Yemi Zhen Zhu Mu - 2gm '/emi Savoury '/emi Spices: '/emi Alispice - 10gm '/emi Asafoetidia - 10gm '/emi Cayenne Pepper - 10gm '/emi Coriander - 10gm '/emi Powder - 10gm	1		
Grass 'Jemi Wu Yao - 2gm Jemi Zhen Zhu Mu - 2gm Jemi Savoury 'Jemi Spices: Jemi Alispice - 10gm Jemi Asafoetida - 10gm Jemi Cayenne Pepper - 10gm Jemi Coriander - 10gm Jemi Coriander - 10gm Jemi Coriander - 10gm Jemi Penugreek - 10gm Fenugreek - 10gm		•	
Grass '/emi Zhen Zhu Mu - 2gm in Savoury '/emi Spices: '/emi Alispice - 10gm eranium '/emi Cayenne Pepper - 10gm is '/emi Coriander - 10gm '/emi Coriander - 10gm Jang Jemi Coriander - 10gm Fenugreek - 10gm Fenugreek - 10gm			
in Savoury 'lemi 'spices: 'lemi 'le	<u> </u>		••
ary 'lemi 'l	Inositol 25gm		
anium 1/emi Asafoetiida - 10gm 1/emi Cayenne Pepper - 10gm 1/emi Chilii Powder - 10gm 1/emi Coriander - 10gm Dill Seeds - 10gm Fenugreek - 10gm			
'/ _e mi Cayenne Pepper - 10gm '/ _e mi Chilli Powder - 10gm '/ _e mi Coriander - 10gm Dill Seeds - 10gm Fenugreek - 10gm	<u> </u>		
od '/eml Chilli Powder - 10gm '/eml Coriander - 10gm Dill Seeds - 10gm Fenugreek - 10gm	mog:		
m ₀ /,			
EL9/.			
Fenugreek - 10gm	non more		
	EBO EBO		
Horseradish Ribbled - 10gm	libbled - 10gm		
Mace Ground - 10gm	- 10gm		
Slippery Elm - 10gm	- 10gm		

	Product Formula K		- 2 capsules 3 times daily	3 times daily over 20 days		
	Cerebral Palsy		Epilepsy Measles	Mumps Scarlet Fever		
	Chicken Pox		Herbs/Spices	1	Base Ingredients	Flavouring
	Essential Ons			Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
51	Basil	E®,	Herbs: 5:1	1101157 1 1544 2:4 7cm	Aloe Vera:	Indian Brandee - 20ml
UF	Bergamot	lm ₉ /	Chi Shao Yao - 2gm	Koyal Jeny - 5.1 - 7gm	Alog vera.	Vanilla - 50am
35.	Carrot	1/eml	Da Huang - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 numerus - 74 mae	
TI-	Chamomile German	lms/	Er Cha - 2gm			
יון	Chamomile Maroc	1/sml	Guo Teng - 2gm	Enzymes/Minerals	Amino Acids:	
TE	Chamomile Roman	1/aml	Huang Lian - 2gm	Enzymes:	L-Threonine - 15gm	
: c		J _m	Mao Zhao Cao (Cats Claw) - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
Н		m,	Mu Tong - 2gm			
FF	Clove Buds	, L	Niu Bang Zi - 2gm	Minerals:	Vitamins:	
	Eucalyptus Globurus		Su Mu - 29m	Calcium Amino Acid Chelate 20% -	VIT C - 15am	
(P	Fennel	1 veri	Wil. Jia Pi - 2am	10am	VIT E D. Aloha Tocapherol - 10cm	
111	Frankincense	E,		Connect Amine Acid Chalate 20% -		
F	Hyssop	E /	opices:	Copper Animo Acid Cristate 20%		
2	Juniper	/eml	Asafoetidia - 10gm			
6) 	SSEE COMP	lm ₆ /	Chilli Powder - 10gm	Garic - 5gm		••
		lm,	Coconut Cream Block - 10gm	Inositol 25gm		
	Modifically Savoury	m _s /	Coconut Ground - 10gm	Iron Gluconate 12.5% - 10gm		
	Niaouii	1, m	Coriander - 10gm	Mineral Clay Powders - 15gm		
	Rose Geranium	1,	Dutch Caraway - 10gm	Zinc Amino Acid Chetate 20% -		
	Rosemary		Faniareak - 10am	5gm		
	Tagestes	me/	Horozodich 100			÷
	Thyme Red	Es/	Mace Ground - 10am			
	Ylang Ylang	1119/	Mixed Spices Sweet - 10gm			

Product Formula L		- 2 capsules 3 times daily over 20 days	over 20 days		
Birth Control					
Fasential Oils		Herbs/Spices	Base II	Base Ingredients	Flavouring
Essential Oils Aniseed Bergamot Chamomile German Chamomile German Chamomile Roman Cinnamon Leaf Clove Buds Eucalyptus Globulus Fannel Frankincense Hyssop Juniper Lavender Lemon Grass Mountain Savoury Niaouli Rose Geranlum Rosemary Tagestes Thyme Red	Insolution Insolu	Herbs/spices Herbs: 5:1 Da Huang - 2gm Er Cha - 2gm He Zi - 2gm Jin Ying Zi - 2gm Mao Zhao Cao (Cats Claw) - 2gm Mu Hu Die - 2gm Su Mu - 2gm Yam - 2gm Yam - 2gm Cardamom - 10gm Cocount Cream Block - 10gm Corlander - 10gm Fenugreek - 10gm Fenugreek - 10gm Horseradish Ribbled - 10gm	Honey Products Royal Jeliy - 3:1 - 7gm Bee Propolis - 4:1 - 5gm Enzymes: Vegetable Enzymes - 15gm Minerals: Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Honsitol 25gm Inositol 25gm Inositol 25gm Sarlic - 5gm	Aloe Vera/Amino Acids/ Vitamins Aloe Vera: Over 70 nutrients - ¾ litre L-Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm Vitamins: VIT C - 15gm VIT E D - Alpha Tocapherol - 10gm	Honey - 20ml Indian Brandee - 20ml Vanilla - 50gm
		Mace - 10gm Onion - 10gm			

Product Formula M	-2 Ci	- 2 capsules 3 times daily over 20 days • + Formula Z - CRM - 2 sessions with Aroma	O days h Aromatherapist/Reflexologist	nes daily over 20 days IM - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	7 days apart)
*Anaemia Glandular Fever	*Moto	*ME *Motor Neurone Disease	*MS *Muscular Dystrophy *Thuroid Gland (over and under active)	nd under active)	
Lypus	MK	M.R.S.A.virus Herbe/Spices	Base!	Base Ingredients	Flavouring
Essential Oils				Alex VersiAmino Acide! Vitamine	Honev - 20ml
Bergamot	lm ₈ /	Herbs: 5:1	Honey Products	Aloe Veral Aminio Actual Vitamina	Indian Brandee - 20ml
Johnson	1/emi	Bai Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Mondle Cham
Chamomile German	lm ₈ / ₁	Ba Ji Tian - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - % litre	Vanina - oogin
Chamomile Marce	1/sm	Chen Xiang - Zgm			
Chamomile Roman	lm ₈ /	Carluang - Zgni	<u>Enzymes/Minerals</u>	Amino Acids:	
	1/am	Graneseed - 15mca	Enzymes:	L-Threonine - 15gm	
	, me	Huang Lian - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
Clove duus	, m ² /	Mao Zhao Cao (Cats Claw) - 2gm			
Eucalypius Globulus	1,0	Niu Bang Zi - 2gm			
Fennel	Ę,	Pycnogenol - 10mcg	Miller alls.	Vitom [ne.	
Frankincense	E,	Salix Alba (White Willow) - 10gm	Calcium Amino Acid Circiate 20 % -		
Ginger	E,	£:1.	Togail	VII C - 13gm	
Hyssop	TER®/	Su Mu - 2gm	Copper Amino Acid Cristate 20%	VI no - Aprila rocapitero - togini	
Juniper	lmg/,	Wu Jia Pi - 2gm			
Lemon Grass	1/eml	Zhi Zi - 2gm	Garlic - ogm		
Molicca	1/sml		mgcz ionisoul		
Mountain Savolity	1/aml	Spices:	Iron Gluconate 12.5% - 10gm		
Modified Control	1, aml	Asafoetidia - 10gm	Mineral Clay Powders - 15gm		
Denoemint	1/sml	Chilli Powder - 10gm	Zinc Amino Acid Chetate 20% -		
Rose Geranium	lm ₀ /	Clnnamon Sugar - 10gm	mgc -		
Roseman	1,6ml	Cloves 10gm			
Tanastas	1,eml	Coconut Cream Block - 10gm			
Tea Tree	lms/,	Coriander - 10gm	•		•
Thyme Red	lm ₈ /,	Fenugreek - 10gm			
Ylang Ylang	lm ₀ /	Garlic - 10g			
		Horseradish Ribbled - 10gm			
		Juniper Berries - 10gm			
		Mace Ground - 10gm			

			HOWAL AND BOD! CECANOLIS DAILIN SO! I LEMEN!		
		- 10ml daily preferably at	aily preferably at bedtime - 90 days supply		
Immune System					
Essential Oils		Herbs/Spices	Base	Base Ingredients	Flavouring
Basil	Im ₈ /	Herbs: 5:1	Honey Products	Aloe Vera:	Honey - 20ml
Bergamot	lm ₉ /	Bai Guo Ye (Ginkgo) - 1gm	Royal Jelly - 3:1 - 7gm	including all vitamins	Indian Brandee - 20ml
Chamomile German	1/eml	Bai Zhi - 1gm Ban Xia - 1cm	Bee Propolis - 4:1 - 5gm	B1-B16 - 1/4 litre	Vanilla - 50gm
Chamomile Maroc	lm _e /	Boswellia Serrata - 5gm 1:1			
Chamomile Roman	1/em	Chai Hu - 1gm	Enzymes:	Amino Acids:	
Cinnamon Leaf	lm ₀ /	Da Huang - 1gm	Co Enzyme C10 - 10mcg	Glucosamine (n-Acetyl-d) - 7.5gm	
Clove Buds	1/eml	Dang Cui (Dong Quai) - 1 gm Dang Shen - 1 gm	Hegeranic maying and a company	Glutamine - 15gm	
Eucalyptus Globulus	1/ernl	Er Cha - 1gm	Minerals:	Hesperidin Complex - 7.5gm	
Fennel	lm ₉ / ₁	Chamaelirium Lurea (False Unicom) -	Calcium Amino Acid Chelate 20% -	Histidine - 7.5gm	
Frankincense	J.	1gm	5gm	Isoleucine - 7.5gm	
1	1, m	Gou Qi Zi(Lycum) - 1gm	Chromlum Niacin - 10mcg	L-Aspartic Acid - 7.5am	
dose, inches	, E	Grapeseed - 10mcg	Copper Amino Acid Chelate 20% -	L-Phenylalenine - 7.5am	
omino.		Man Jing Zi - 10m	7.5gm	lecithin - 7 5am	
Lemon Grass	. vem	Mao Zhao Cao (Cats Claw) - 1gm	Devil's Claw - 7.5gm	Lection - 7.5gm	
Mountain Savoury	E,	Mexican Yam Root - 5gm 1:1	Inositol 12.5gm	Lysine - 1.5gm	
Niaouli	E,	Pycnogenol - 10mcg	Iron Gluconate 12.5% - 5gm	L-faurine - /. 5gm	
Rose Geranium	E %	Rou Cong Rong - 1gm	Magnesium Amino Acid Chelate -	L-Threonine - 7.5gm	
Rosemary	lm ₀ /	Safix Aba (White Willow) - 5gm 1:1	10gm	Phosphatidyl Choline - 10gm	
Tagestes	lme/		Manganese Gluconate - 10gm		
Thyme Red	m ₀ /		Mineral Clay Powders - 7.5gm		•
Ylang Ylang	- Jume/,		Molybdenum - 7.5gm	Vitamins:	
	-	Yi Mu Cao - 1gm	Selenium Methionine 5% - 5gm	Betacorofene Dunallella Salina Algae	
			Superoxide Dismutase (S.O.D.) -	2.5% - 7.5gm	
		*	7.5gm	Biotin - 5mcg	
	-		Zinc Amino Acid Chelate 20% -	Folic Acid - 15gm	
	- `	-	2.5gm	VIT C - 15gm	
		Chill Dander - Som	Netritional Olic & Ente	VIT E.D Alpha Tocapherol - 10gm	
		k - 50m	Cod Liver Powder - 7.5am	K15% - 1gm	
			Evening Primrose - 15ml		
	<u> </u>	- Sgm	Garlic Powder - 5gm		
	_		Linoleic acld - 7.5gm		
	_	Horseradish Ribbled - 5gm	Linotenic acid - 7.5gm		
		Mace Ground - 5gm	Olive Oil - 15ml		

Product Formula O		- 2 capsules 3 times daily over 20 days	over 20 days		
Partial & Total Deafness			-		
1		Herbs/Spice6	Base	Base Ingredients	Flavouring
Essential Ons	寸		Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
		Herbs: 5:1 Dai Guo Ye (Ginkao) - 2am	Royal Jelly - 3:1 - 79m	Aloe Vera:	Indian Brandee - Zumi
- -	- Tue /	Da Huang - 20m	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - ¾ litre	Valilla - Jogin
_	[[] []	Er Cha - 2gm			
	E V	Gou Teng - 2gm	Enzymes/Minerals	Amino Acids:	
	lma/	Mu Li - 2gm	Enzymes:	L-Threonine - 15gm	
Ciccomon Leaf	lm ₈ /	Sang Ye - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (3.0.0.) - 1.38m	
		Su Mu - 2gm			
		Wu Jia Pi - 2gm	Minerals:	Vitamins:	
Special specia	1/ami	Ye Ju Hua - 2gm	Calcium Amino Acid Chelate 20% -	VIT C - 15gm	
	1, m		10gm	VIT E D - Alpha Tocapherol - 10gm	
cense		Spices:	Copper Amino Acid Chelate 20% -		
	1,5	Anise Star - 10gm	15gm		
		Asafoetidia - 10gm	Garlic - 5gm		
Lemon Grass		Cassia - 10am	Inositol 25gm		
		Chili Powder - 10am	Iron Gluconate 12.5% - 10gm		•••
in Savoury	El®/	Cocourt Cream Block - 10gm	Mineral Clay Powders - 15gm		
Niaouli		Coriander - 10am	Zinc Amino Acid Chelate 20% -		
Rose Geranium		Connel - 10am	5gm		
Rosemary	_	Conjugask - 10dm			
Tagestes		r sliegicon - 198 Universitation Ribbled - 10am			
Thyme Red	E,	Total and The To			
Ylang Ylang		Mace Ground - 109m			
	-	Firmeric - 10am			
	<u>-</u>				,
	-				
					5.≸

Product Formula P		- 2 capsules 3 times daily over 20 days	over 20 days		
Impotence		Prostrate Gland			
Essential Oils		Herbs/Spices	Base	Base Ingredients	Flavouring
	1	# - W	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Basil	Ē	Herbs: 5:1	Tollou		Indian Brandes - 20ml
Hercamot	lm ₀ /	Bai Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3:1 - /gm	Aloe Vera:	
Champile German	1, mm	Da Huang - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - % litre	Vanilla - 50gm
	1	Dang Gui (Dong Quai) - 2gm			
Chamomile Maroc	1	Er Cha - 2gm	Enzymos/Minerals	Amino Acids:	
Chamomile Roman	Eg.	Grapeseed - 15mcg		The second of th	
Cinnamon Leaf	lm ₈ /	Huang Qi - 2gm	Enzymes:	L- Inreonine - ragin	
Clove Buds	lm ₈ /	Jiang Can - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
Encapatic Globulis	1, am	Lian ZI (Red) - 2gm	•		
racal bird Consists	1	Lu Jiao Shuang - 2gm	Minerale	Vitamins:	
Fatigue	,	Mai Ya - 2gm	Colored Charles 2000	WIT C 15cm	
Fennet	Ē.	Mu Dan Pi 29m	Cajcium Amino Acid Citerate 20 %		
Frankincense	lme/	Pycnogenol - 10mcg	10gm	VIT E D - Alpha Tocapherol - 10gm	
	1, m	Shii Di Huang - 20m	Copper Amino Acid Chelate 20% -		
Hyssop		Su Min 20th	15am		
Juniper	Ē,	Mir. lis Di. 20m	Garlin . Som		-
Lavender	E,	VVU 3/4 FT = Zgill			
same dame	1/sml	Youmbe (Prescription only) - 28m	Inositol 25gm		
Celloli Cidas	1, m		Iron Gluconate 12.5% - 10gm		
Mountain Savoury		Spires.	Mineral Clay Powders - 15gm		
Niaouli	E P		Ting Aming Acid Chalate 20%		
Rose Geranium	Es/	Alispice - 10gm	Zinc Allino Acid Cilciare 20.70		
Boseman	1, am	Asafoetidia - 10gm	uffc		
Secure Control of the	1,	Celery Saft - 10gm			
lagestes		Chilli Douder - 10am			
Thyme Red	E ,				
Ylang Ylang	lm ₀ /,	Coconut Cream Block - 10gill			
		Coriander - 10gm			
		Dill Seeds - 10gm	•		
		Fenugreek - 10gm			
		Garlic - 10gm			
		Horseradish Ribbled - 10gm			
		Maca Ground - 10am			

Product Formula Q		- 2 capsules 3 times daily over 20 days	over 20 days		
Abrasions, Bruises, Burns, Cuts	Suts	Bunions			
Feeential Oils		Herbs/Spices	Base	Base Ingredients	Flavouring
	1, w	Horber 6:4	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Aniseed	1,811	Da Hiand - 2am	Royal Jelly - 3.1 - 7am	Aloe Vera:	Indian Brandee - 20ml
Bergamot	/email	Fr Cha - 20m	Dec Deposite 4:1 - 5am	Over 70 nutrients - 1/2 litre	Vanilla - 50gm
Camphor	Eg,	Jin Yin Hua - 20m			•
Chamomite German	mø/	Salix Alba (White Willow) - 10gm	•		
Chamomile Maroc	lm ₈ /		Enzymes/Minerals	Amino Acids:	
_	1/emi	Su Mu - 2gm	Enzymes:	L-Threonine - 15gm	
	m ₈ / _s	Wu Jia Pi - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
	lm ₈ /				
Globulus	lm _g /	Spices:	Minerals:		
	lm ₈ /	Asafoetidia - 10gm	Calcium Amino Acid Chelate 20% -	Vitamins:	
95000	lma/	Chilli Powder - 10gm	.10gm	VIT C - 15gm	
	1,600	Cinnamon - 10gm	Copper Amino Acid Chelate 20% -	VIT E D - Alpha Tocapherol - 10gm	
	1	Coconit Cream Block - 10am	15gm		
	/6m	Conjuder 10am	Gadic - Som		
Juniper	Ę,	Collainel - Iogin	Inceital Jam		
Lemon Grass	mø/	Cream or lartar - 10gm	incomo zogini		
Mountain Savoury	J _{em}	Fennel - 10gm	iron Glucollate 12.3% - 10gili		
	1/eml	Fenugreek - 10gm	Mineral Ciay Powders - 10gill		
eranium	1/eml	Horseradish Ribbled - 10gm	Zinc Amino Acid Chelate 20% -		
	1/eml	Mace Ground - 10gm	EBC		
	1,eml				
	1/eml				
	lmg/				

Product Formula R		2 capsules 3 times daily over 20 days	ver 20 days s with Aromatherapist/Reflexolo	s 3 times daily over 20 days 7 . CRR - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	mum 7 days apart)
			*Osteoporosis	Sciatica	
Arthritis - Osteo	ב כ	Gour Inflammation Back Ache Sprains		Varicose Veins	
Arthritis - Kneumatoiu				Base Ingredients	Flavouring
Essential Oils			Voney Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20mt
Bergamot	Ę,	Herbs: 5:1 p.s. (City Vo. (Girkao) - 24th	Povel telly - 3-1 - 70m	Aloe Vera:	Indian Brandee - 20ml
Camphor	m ₈ /		Control of 1 500	Over 70 nutrients - % litre	Vanilla - 50gm
Chamomile German	Jugy,	Boswellia Serreta - 1gm	Bee Flopoils - 4.1 - 38111		
Chamomile Maroc	œ/,	Chen Xiang - 2gm		Amino Acide:	
Chamomile Roman	lm ₈ /	Da Huang - 2gm	Enzymes/Minerais	Allino Acida.	
Cinnamon Leaf	1/eml	Dang Shen - 2gm	Enzymes:	L- Infeonine - 13gm	
Clove Buds	1/sml	Er Cha - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (5.0.0.) - 10gill	
Encolvotus Globulus	1/eml	Fu Ling - 29m			
Entine Control	1/sml	Grapeseed - Tomeg	Minerals:	Vitamins:	
	1/ _{sm}	Jin Yin ruda - zgili	Calcium Amino Acid Chelate 20% -	VIT C - 15gm	
Fenne	1,	Mai Men Dong - Zgin	10gm	VIT E D - Alpha Tocapherol - 10gm	
Frankincense		Mao Zhao Cao (Cats Ciaw) - zgri	Conner Amino Acid Chelate 20% -	•	
Ginger	E°,	Pychogenol - Turney - 10cm	15gm		
Hyssop	шø∕.	Sailx Alba (VVIIIIe VVIIIOV) - 108111	Codic , Sam		
Juniper	Jm ₈ /	-:- -:			
State domo	lm ₈ /	Su Mu - Zgiii	mositor zagm		
	1, m	Wu Jia FI - Zgili	Iron Gluconate 12.5% - 10gm		
Mountain savoury		Xian He Cao - zgm	Mineral Clay Powders - 15gm		
Niaouti	Ę,	Yan Hu Suo - Zgm	Zinc Amino Acid Chelate 20% -		
Red Myrtle	mø/.	Zni Mu - Zgm	Sam		
Rose Geranium	lm ₈ /	Spices:			
Rosemary	1/sml	Asafoetidia - 10gm			
Tagestes	lm ₈ /	Cardamom - 10gm			
Thyme Red	Jw _s m1	Chilli Powder - 10gm			
Ylang Ylang	lug/	Coconut Cream Block - 10gm			
		Coriander - 10gm			
		Dutch Caraway - 10gm			
		Februaraek - 10am			
		Horseradish Ribbled - 10am			
		Liniper Berries - 10am			
		Loop Douglar - 10am			
		Mace Ground - 10am			
		Turnorio 10am			

	•	A 44				
	. #	- 2 capsules 3 times dally over 20 days ** + Formula Z - CRN - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	er 20 days with Aromatherapist/Reflex	ologist (minimum 2 hours	: apart, maximum 7 d	ıys apart)
**Energy Booster	ヹ	Internal Body Conditioner Stamina	iina			
Immune Balancing System		·				
Essential Oils		Herbs and Spices	Base Ingredients	edients	Flavouring	Practitioners
Possi-A	lms/	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/	Honey - 20ml	Flower Remedy
Alloced	lms/	Bai Guo Ye (Ginkgo) - 29m	Royal Jelly - 3:1 - 7gm	Vitamins	Indian Brandee - 20ml	Chinese
Bergamot	lm ₈ /	Chi Shao Yao - 2gm	Bee Propolis - 4:1 - 5gm	Aloe Vera:	Vanilla - 50gm	Acupuncture -
Chamomile German	1/sml	Da Huang - 2gm		Over 70 nutrients - % litre		Chiropractic -
Chamomile Maroc	1/em/	Dang Gui(Dong Quai) - 2gm	Enzymes/Minerals			2 sessions
Chomomile Bornan	1/eml	Er Cha - 2gm	Enzymes:	Amino Acids:		Alexander
Clarifornie Noman	(F	Fu Pen Zi - 2am	Vegetable Enzymes - 15am	L- Threonine - 15gm		Technique
Cinnamon Lear	1,cmi	Gou Teng - 2gm		Superoxide Dismutase	-	
Clove Buds		Mao Zhao Cao (Cats Claw) - 2gm	Minorals	(S.O.D.) - 15gm		
Eucalyptus Globulus	18/	Mir I i 2am	Militer and			
Fatigue	E /em	Su Mu - 2am	20% - 10cm	Vitamins:		
Fennel	1,6m	Wu Jia Pi - 20m	Connec Amino Acid Chelate	VIT C - 15gm		
Frankincense	im ₈ /		20% - 15am	VIT E D - Alpha Tocapherol -		,
Hyssop	⊞ø/,	Archatidia 10am	Garlic : 5am	10gm		
Juniper	œ,	Asaloequia - Togiii	Inocited 25am			
Lemon Grass	lm ₈ /	Cassia - 10gm	Inches Character 12 5%			
Mountain Savoury	lmg/,	Chill Powder - Tugin	10m 10m			
Niaouli	lm ₈ /	Coconul Cream Block - Tugin	Mineral Clay Powders -			
Rose Geranium	lm ₀ /	Conander - 10gm	15gm			
Rosemary	, emi	Dill Seeds - 10gm	Zinc Amino Acid Chelate			
Tagestes	1/emi	Fenugreek - 10gm	20% - 5gm			
Thyme Red	1/emi	Horseradish Ribbled - 10gm				ž
Ylang Ylang	1/sml	Juniper Berries - 10gm				
0		Lemon Grass - 10gm				
		Mace Ground - 10gm			-	
		Mixed Spices - 10gm				
		_				

Product F	Product Formula S2		EXTERNAL PHYSIO	APPLICATION - SPC	EXTERNAL PHYSIO APPLICATION - SPORTS PERFORMANCE & INJURIES	K INJURIES	
Pre Perfor	Pre Performance Lotion		(per 10 applications)				
Aloe Vera	Essential Oils		Herbs/Spices		Massage Oil		
Heat Lotion - Aniseed 20gm Basil Chamon	nile Maroc	/sml /sml /sml	/ _{fe} ml Herbs: 5:1 ' _{fe} ml Chi Shao Yao - 2gm ' _{fe} ml Qiang Huo - 2gm ' _{fe} ml	Bee Propolis - 4:1- 5gm	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml		
			Spices: Cardamom - 10gm Ginger - 10gm				

Product F	Product Formula S3		EXTERNAL PHYSIO AND REFLEXOLOGY APPLICATION - SPORTS PERFORMANCE & INJURIES	O REFLEXOLOGY A	PPLICATION - SPORTS	PERFORMANCE	& INJURIES
Maintenan	Maintenance Recovery Massage	age	+ Formula (per 10 ap	ns with Aromatherapist	Z - CRS3 - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	hours apart, maximum	7 days apart)
Aloe Vera	Essential Oils		Herbs/Spices	Honey Products	Massage Oil		Practitioners
Aloe Activator - 10ml Heat Lotion - 20gm	Aniseed Basil Camphor Chamomile Maroc Eucalyptus Globulus Juniper	/em //em //emi //emi //emi	'/ ₆ ml Herbs: 5:1 '/ ₆ ml Chi Shao Yao - 2gm '/ ₆ ml Dang Gui (Dong Quai) - 2gm '/ ₆ ml Salix Alba (White Willow) - 10gm '/ ₆ ml 1:1 '/ ₆ ml Qiang Huo - 2gm Splces: Asafoetidia - 10gm Fenugreek - 10gm	Bee Propolis - 4:1 - 5gm Avocado - 10ml Grapeseed - 40r Hazelnut - 10ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml		Aromannerapy, Reflexology Application - 2 sessions

Product	Product Formula S4		EXTERNAL PHYSIC AN	U KEFLEXOLUGI A	EXTERNAL PHYSIO AND REFLEXOLOGY APPLICATION - SPORTS FERFORMER & INSORTES	rent Onimainst	
Direct Inte	Direct Internal & Surface Injury	<u>~</u>	(per 10 applications)				
Aloe Vera	Essential Oils		Herbs/Spices	Honey Products	Massage Oil		Practitioners
Aloe Activator - 10ml Heat Lotion - 20gm	Aloe Aniseed Activator - Basil 10ml Camphor Heat Lotion - Eucalyptus Globulus 20gm Fennel	ms/, ms/, ms/, ms/,		Bee Propolis - 4:1 - 5gm Avocado - 10ml Grapeseed - 40n Hazelnut - 10ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml		Aromatherapy/ Reflexology Application - 2 sessions Osteopathy - 2 sessions
			Ginger - 10gm Horseradish - 10gm				

Product Formula S5	ormula S5		EXTERNAL PHYSIO AN	D REFLEXOLOGY A	IAL PHYSIO AND REFLEXOLOGY APPLICATION - SPORTS PERFURMANCE & INJURIES	S PERFORMANCE	
Cramp Fati	Cramp Fatigue Lotion		(per 10 applications)				
Aloe Vera	Essential Oils		Herbs/Spices	Honey Products	Massage Oil		
Aloe Activator - 10ml Heat Lotion - 20gm	Camphor Rescue Remedy	l _{sm} , lms,'	/sml Herbs: 5:1 /sml Hu Po - 2gm Huang Lian - 2gm Salix Alba (White Willow) - 10gm 1:1 Qiang Huo - 2gm	Bee Propolis - 4:1 - 5gm Avocado - 10ml Grapeseed - 40r Hazelnut - 10ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml		Aromatherapy/ Reflexology Application - 2 sessions
	May 10 10 10 10 10 10 10 10 10 10 10 10 10		Spices: Chilli - 10gm I emon Grass - 10am				

pices tual) - 2gm Willow) - 10gm	Product Formula S6		EXTERNAL PHYSIO AND	REFLEXOLOGY A	L PHYSIO AND REFLEXOLOGY APPLICATION - SPORTS PERFURMANCE & INJURIES	PERFORMANCE &	INJONIES TO THE STATE OF THE ST
Spices Quai) - 2gm Willow) - 10gm	igue Fractures		(per 10 applications)				
Spices Quai) - 2gm Willow) - 10gm				40.4	Witamine/Amino Acids	Massage Oil	Practitioners
Juai) - 2gm Willow) - 10gm			Herbs/Spices	Honey Products	De 20em	Avocado - 10mi	Aromatherapy/
	Aniseed Ivator - Basil Camphor Lotion - Eucalyptus Globulus Im Ginger	/emi //emi //emi //emi	Herbs: 5:1 Dang Gui (Dong Quai) - 2gm Qiang Huo - 2gm Salix Alba (White Willow) - 10gm 1:1 Spices: Allspice - 10gm Dill Seeds - 10gm	Bee Propolis - 4.1 - 3gm bo - 20gm		Grapeseed - 40ml Hazelnut - 10ml	Reflexology Application - 2 sessions

Product Formula T	4.1	er cri ollowe sessi	After crisis - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apar — Followed by Formula F - Clarissa Balancing System - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	isions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) la F - Clarissa Balancing System omatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)
**Abuse (short term) **Trauma/Shock (short term)	erm) ((short term)		Sincie Soul Dose	
Flower Remedies	Essential Olis	SHS	Herbs/Indian Spcles Bas	Base Ingredients
Rescue Remedy - 1ml	III	lms/,	Herbs: 5:1 Aloe Vera Pur Bu Gu Zhi - 2gm Honey - 20ml Chen Xlang - 2gm Honey - 20ml Guo Teng - 2gm Wu Bei Zi - 2gm Wu Bei Zi - 2gm Spices: Gartic - 10gm Laos - 10gm	Aloe Vera Pure - 20ml Honey - 20ml

Schizophrenia					
aliO Icitacona		Herbs/Spices	Base In	Base Ingredients	Flavouring
	1 m/1	11 - Franchist Rod	Honev Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Basil	1,81		Roval Jelly - 3:1 - 7am	Aloe Vera:	Indian Brandee - 20ml
Bergamot	Ę, ,	Da Huang - zgm	Constitution of the form	Over 70 nutrients = 3/4 litre	Vanilla - 50gm
Chamomile German	lm ₈ /	Er Cha - 2gm	Bee Propoils - 4.1 - 5gill		•
Chamomile Maroc	1/8ml	Hu Huang Lian - 2gm			
Chamomile Roman	lm ₈ /	Huo Ma Ren - 2gm	Enzymes/Minerals	Amino Acids:	
Cinnamon Leaf	1, em	Su Mu - 2gm	Enzymes:	L-Threonine - 15gm	
Clove Buds	1/sml	Wu Jia Pi - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
Encalvatus Globulus	lm ₈ /	Ye Ju Hua - 2gm			
Lucal pras circums	1/emil		Minerals:	Vitamins:	
			Calainm Amino Acid Chelafe 20% -	VIT C - 15am	
Frankincense	E,	Spices		VIT C Alaba Texapheral - 10dm	
Ginger	lm ₈ /	Allspice - 10gm	Tugin	VII E U - Aprila 10 aprila d - 10gill	
Hysson	lm ₈ /	Asafoetidia - 10gm	Copper Amino Acid Cheiate 20% -		
hiniper	1/eml	Caraway Ground - 10gm	nget .		
Lavandar	lm ₈ /,	Chilli Powder - 10gm	Garlic - 5gm		
l constant	1,eml	Coconut Cream Block - 10gm	Inositel 25gm		
	m _o /	Coriander - 10am	Iron Gluconate 12.5% - 10gm		
Modificant Savoury	1		Mineral Clay Powders - 15gm		
Niaouli	Ę,	Dill Seeds - Togui	Zinc Amino Acid Chelate 20% -		
Rose Geranium	me/	Fenugreek - 10gm	Sam		
Rosemary	1/eml	Horseradish Ribbled - 10gm	,		
Tagestes	lmg/	Mace Ground - 10gm			
Thyme Red	lmg/	Mustard Seed Yellow - 10gm			
Ylang Ylang	lm ₈ /	Orris Root - 10gm			

Abuse (long term)	*	- 2 sessions with Aromathera	** Followed by Formula r - Clarissa Barancing System 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	ours apart, maximum 7 days apart)	
		**Trauma/shock (long term)			
Fesential Oils		Herbs/Spices	Base Ir	Base Ingredients	Flavouring
			Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - Zumi
Bergamot		Herbs: 5:1	Denot follo 3-1 - Zam	Aloe Vera:	Indian Brandee - 20ml
Chamomile German	/ _s m/	Cal Shao Tao - zuill	Royal Jeny - 3.1 - 19.11	Over 70 nutrients - % litre	Vanilla - 50gm
-	lm ₈ /	Cr Cha - Jam	bee Proposs - 4.1 - 28.11		
	lm ₈ /	Qiang Huo - 2gm		Amino Acide.	
_	lm ₈ /	Su Mu - 2am	Enzymes/Minerals	Allillo Acids.	
	/mg/	Ting Li Zi - 2gm	Enzymes:	L-Threonine - Togm	
Globulus	lm ₈ /	Wu Jia Pi - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (5.0.0.) - 13giii	٠
		Spices:			
930976	lm ₈ /	Allspice - 10gm	Minerals:		
		Asafoetidia - 10gm	Calcium Amino Acid Chelate 20% -	Vitamins:	
	ju.,	Celery Salt - 10gm	10gm	VIT C - 15gm	
	Ę	Chilli Powder - 10gm	Copper Amino Acid Chelate 20% -	VIT E D - Alpha Tocapherol - 10gm	
		Coconut Cream Block - 10gm	15gm	,	
III Savoui y	Ē	Coconut Ground - 109m	Garlic - 5gm		
	, E	Coriander - 10am	Inositol 25gm		
Patchouli		Contained 10am	Iron Gluconate 12.5% - 10gm		
Rose Geranium		Lengther - 10gm	Mineral Clay Powders - 15gm		
Rosemary	/8m	Total Manager Total	Zinc Amino Acid Chelate 20% -		
Thyme Red 16	Eg/	Mace Ground - Togin	5gm		
Ylang Ylang	lm8/	Mango Powder - 10gm			

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	1		<u> </u>
		Flavouring	Honey - 20ml Indian Brandee - 20ml Vanilla - 50gm
		Base Ingredients	Aloe Vera/Amino Acids/ Vitamins Aloe Vera: Over 70 nutrients - % litre Amino Acids: L- Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm Vitamins: VIT C - 15gm VIT C - 15gm VIT E D - Alpha Tocapherol - 10gm
WEIGHT MANAGEMENT	iles daily at bedtime over 20 days	Base I	Honey Products Royal Jelly - 3.1 - 7gm Bee Propolis - 4.1 - 5gm Enzymes: Vegetable Enzymes - 15gm Minerals: Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Copper Amino Acid Chelate 20% - 15gm Iron Gluconate 12.5% - 10gm Innosticl 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm
WEIC	- 2 capsules daily at bed	Herbs/Spices	Herbs: 5:1 Guo Teng - 2gm Ji Xue Teng - 2gm Spices: Carob - 10gm Dill Seeds - 10gm Juniper Berries - 10gm Mixed Spices Sweet - 10gm
Product Formula W1	Clarissa Weight Care System	Essential Olls	Bergamot '/emi

Clarissa Meal Replacement Diet Juice - 50	t Diet J	uice - 50ml per Meal Repla	ml per Meal Replacement over 20 days		
		Harba (Salane	Base Ir	Base Ingredients	Flavouring
Essential Oils Bergamot	lm ₈ /	Herbs: 5:1 Gao Ben - 2gm Sang Ye - 2gm	Honey Products Royal Jelly - 3:1 - 7gm Bee Propolls - 4:1 - 5gm	Aloe Vera/Amino Acids/ Vitamins Aloe Vera: Over 70 nutrients - 1/4 litre	Honey - 20ml Indian Brandee - 20ml Vanilla - 50gm
		Spices: Dill Seeds - 10gm Fennel - 10gm Mixed Spices Sweet - 10gm Mushroom - 10gm	Enzymes/Minerals Enzymes: Vegetable Enzymes - 15gm Soya Isolate - 20gm Soya Protein Isolate - 50gm Whey Protein - 20gm Minerals: Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Carlic - 5gm Inositol 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm	Amino Acids: L-Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm VIT amins: VIT C - 15gm VIT E D - Alpha Tocapherol - 10gm	

Product Formula W3		WEIG	WEIGHT MANAGEMENT	ENT		
Clarissa Chinese Slimming and Detoxifying	and D	letoxifying Tea -1 cup 3 times daily	mes daily			
Stale Breath						
		100	Flovoiring	Other		
Essential Oils		Herbs/Spices	Rumoini	- 1		
Bergamot	lm ₈ /	Herbs: 5:1	Lemon - 20gm	Citrin - Sgin		
		Bai Guo Ye (Ginkgo) - 2gm			-	
		Ban Xia 2gm				
		Chan IIu - 2gm				
		Cili Silao Tao - 28				
		Gou leng - zgm	٠			
		Horsetail - 5gm (1:1)				
		- Lian ZI (Red) - 2gm				
		Maté Leaf - 5gm (1:1)	-			
		Mao Zhao Cao (Cats Claw) 5gm				
		(1:1)			· ·-	
		Milk Thistle Seed - 5gm (1:1)				
		Ou Jie - 2gm				
		Spirulina - 5gm (1:1)				
		Wang Bu Liu Xing Guo - 2gm			-	•
		Wu Jia Pi - 2gm				
		Spices:				
		Allspice - 10gm				
		Cardamom - 10gm				
		Cassia - 10gm		-		
		Dill Seeds - 10gm				
		Celery Salt - 10gm				
		Garlic - 10gm				
		Lemon Grass - 10gm				
		Mixed Spices Sweet - 10gm				
		Tamarind Block - 10gm				

Product F	Product Formula W4		WEIG	WEIGHT MANAGEMENT				
Anti-Cellul	Anti-Cellulite Formula		- 2 capsules 3 times daily over 20 days	y over 20 days			-	
	of Contract of Con	T	Herbs/Spices		Base Ingredients		Flavouring	ł
	Essential Oirs	j		Honor Deaducte	Aloe Vera/A	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml	
Aniseed			Herbs: 5:1 Dang Gui - 2gm (Dong Quai)	Royal Jelly - 3:1 - 7gm	Aloe Vera:		Indian Brandee - 20ml	Ē
Graneseed		Ē	Guo Teng - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutri	Over 70 nutrients - ¼ litre	Valinia - Sogni	
Juniper	lm ₈ /,	Ē	Qiang Huo - 2gm	Enzymes/Minerals	Amino Acids:	i		
			I ran Nan Xing - zgm Wang Bu Liu Xing Guo - 2gm	Enzymes:		- 15gm		
			Wu Jia Pi - 2gm	Vegetable Enzymes - 10gm		Superoxide Dismutase (S.O.D.) -		
******				Minerals:	ingel _ 200c of			
-			Spices:	Calcium Amino Acid Chelate 2076	Are 2070 - Vitamins:		7	
			Allspice - 10gm	Conner Amino Acid Chelate 20% -				
			Cinnamon - 10gm	15gm	-	VIT E D - Alpha Tocapherol - 10gm		
			Fenugreek - 10gm	Garlic - 50m		•		
			Garlic - 10gm	Inositol 25am				
				Iron Gluconate 12.5% - 10gm	ngı			
				Mineral Clay Powders - 15gm	gm			
				Zinc Amino Acid Chelate 20% - 5gm	:0% - 5gm			
		1		TOAD INVIO				
Product F	Product Formula X1			SKIN CARE				**
Bodycare Lotion	Lotion							ļ
N. S.	Feeential Oils		Herbs/Spices	Honey Products	Vitamins/Amino Acids	Base Formulation	_	İ
Aloe vera		Ę	Uarber 6:1	Bee Propolis - 4:1 - 5gm	VIT E - 30gm	Avocado Oil 15%		
Bee Propolis Creme 1ml	Bergamot		Chuan Lian Zi - 2gm		Euxyl K100 - 10mg	Colloidal Sulphur 5%		
	e Maroc	E E	Da Zao - 2gm		Inositol - 10mg L-Phenylaline - 10mg	Emulsifying Ointment 30%	~	
	-	Ę				Purified Water 69%		
Nectar	dos	E,	Spices:			Phenoxyethanol 1%		
Drink		Ę	Allspice - 10gm Cavenne Penner - 10mm			Wheatgerm Oil 15%		
Citi Gaily	Rose Geranium 16					Witch Hazel Extract 15%		· -
	Ylang Ylang	Ę						-*

Product F	Product Formula X2			SKIN CARE			
Facecare Lotion	Lotion						8/40086
Aloe Vera	Essential Oils		Herbs/Spices	Honey Products	Vitamins/Amino Acids	Base Formulation	· · · · · ·
Bee Propolis Creme 1ml Nectar Nutritional Drink 10ml daily	Bergamot Fennel Frankincense Hyssop Juniper Lavender Lemon Niaouli Patchouli Pine	/,em /,em /,em /,em /,em /,em /,em /,em	'sml Herbs: 5:1 'sml Chuan Lian Zi - 2gm Suan Zao Ren - 2gm Suan Zao Ren - 2gm 'sml Spices: 'sml Cumin - 10gm 'sml Cumin - 10gm 'sml 'sml	Bee Propolis - 4:1 - 5gm VIT E - 30gm Euxyl K100 - 1 Inositol - 10gm L-Phenylaline	VIT E - 30gm Euxyl K100 - 10gm Inositol - 10gm L-Phenylaline - 10gm	Emulsifying Cintment 30% Grapeseed Oil 15% Purified Water 69% Phenoxyethanol 1% Vegetable Oil 15% Wheatgerm Oil 15%	
							72
Product F	Product Formula X3			SKIN CARE			

Product F	Product Formula X3			SKIN CARE			
Haircare L	Haircare Lotion & Restoration	c					
Aloe Vera	Essential Olls		Herbs/Spices	Honey Products	Vitamins/Amino Acids	Base Formulation	
Bee Propolis Creme 1ml Nectar Nutritional Drink 10ml daily	Benzoin Bergamot Chamomile Maroc Eucalyptus Globulus Jojoba Lavender Rose Geranlum Rosemary	/ ₈ mi 1,8mi 1,8mi 1,8mi 1,8mi 1,8mi 1,8mi	1/6ml Herbs: 5:1 1/6ml Bo He - 2gm 1/6ml Da Zao - 2gm 1/6ml Spices: 1/6ml Arrowroot - 10gm 1/6ml Cassia - 10gm		VIT E - 30gm Inositol - 10gm L-Phenylaline - 10gm	Dehydol 10% Emulsifying Ointment 30% Jojoba Oil 30% Purified Water 69% Phenoxyethanol 1%	

Product F	Product Formula X4			SKIN CARE			
Nutriolcare	Nutriolcare Protection Lotion						
Aloe Vera	Essential Oils		Herbs/Spices	Honey Products	Vitamins/Amino Acids	Base Formulation	
Bee Propolis Creme 1ml Nectar Nutritional Drink 10ml daily		1,6m1 1,6m1 1,6m1 1,6m1 1,6m1 1,6m1 1,6m1 1,6m1 1,6m1	Isani Herbs: 5:1 Isani Chuan Lian Zi - 2gm Isani Hua Jiao - 2gm Isani Spices: Isani Celery Salt - 10gm Isani Isani Isani	Bee Propolis - 4:1 - 5gm	VIT E - 30gm Euxyl K100 - 10gm Inositol - 10gm L-Phenylaline - 10gm	Carrot Oil 15% Callulose 15% Colloidal Sulphur 5% Emulsifying Ointment 30% Grapeseed Oil 15% P.Chloro M.Cresol 15% Purified Water 69% Phenoxyethanol 1% Sodium Laureth 5% Triethanolomine 10%	
	Sallulewood	ò					

Suncare Lotion - Pre sunbathing X5 (i) After sun After sun X5 (ii) Aloe Vera Essential Oils Herbs: 5:1 Bergamot Creme Im Bergamot X5 (ii) Bergamot Creme Im Bergamot Dilli Fennel Oils Bergamot Creme Im Fennel Oils Huo - 2gm Creme Im Bergamot After sun X5 (ii) Bergamot After sun X5 (ii) Aloe Vera Essential Oils Herbs: 5:1 Bergamot After Sun Herbs: 5:1 Bergamot After Sun After 5:1 Aloe Vera Bee Propolis - 4:1 - 5gm Creme Im Bee Propolis - 4:1 - 5gm Creme Im Fennel Oils Huo Jao - 2gm Creme Im Agina Huo Jao - 2gm Creme Im Fennel Oils Huo - 2gm Creme Im Fennel After Sun After 69% Creme Im Fennel After Sun After 69% Creme Im Fennel After Sun After 69% Creme Im Fennel Oils Huo - 2gm Creme Im Fennel Oils Huo - 2gm Creme Im Fennel Oils Huo - 2gm Creme Im Fennel After Sun After 69% Creme Im Fennel Oils Huo - 2gm Creme Im Fennel After Sun After 69% Creme Im Fennel Oils Huo - 2gm Creme Im Fennel After Sun After 69% Creme Im Fennel After	Product F	Product Formula X5			SKIN CARE			
Essential Oils Herbs/Spices Honey Products Vitamins/Amino Acids En 3ergamot 1/6ml Herbs: 5:1 Bee Propolis - 4:1 - 5gm VIT E - 30gm En Chamomile Maroc 1/6ml Cang Er Zi - 2gm L-Phenylaline - 10gm Pu Spices: Chilli - 10gm Carlic - 10gm Phenylaline - 10gm Phenylaline - 10gm Bergamot 1/6ml Herbs: 5:1 Bee Propolis - 4:1 - 5gm VIT E - 30gm En Jill 1/6ml Hua Jiao - 2gm L-Phenylaline - 10gm Pu Jennel 1/6ml Hua Jiao - 2gm Phenylaline - 10gm Ph	Suncare L	otion - Pre sunbath After sun	jing	X5 (i) X5 (ii)				
Note	Aloe Vera	Essential Oils		Herbs/Spices	Honey Products	Vitamins/Amino Acids	Base Formulation	
Sergamot '/eml Herbs: 5:1 Bee Propolis - 4:1 - 5gm VIT E - 30gm Dill '/eml Cang Er Zi - 2gm Euxyl K100 - 10gm Tennel '/eml Hua Jiao - 2gm Qiang Huo - 2gm Qiang Huo - 2gm	X5 (i) Bee Propolis Creme 1ml	Bergamot Chamomile Maroc	lm ₈ /,	Herbs: 5:1 Cang Er Zi - 2gm Qiang Huo - 2gm Splces: Chilli - 10gm Garlic - 10gm	Bee Propolls - 4:1 - 5gm	F - 30gm Euxyl K100 - 10gm L-Phenylaline - 10gm	30% Purified Water 69% Phenoxyethanol 1%	
Spices: Cinnamon - 10gm Fenugreek - 10gm	X5 (ii) Bee Propolis Creme 1ml	Sergamot Sili ennel	/sml /smi	Herbs: 5:1 Cang Er Zi - 2gm Hua Jiao - 2gm Qiang Huo - 2gm Spices: Cinnamon - 10gm Fenugreek - 10gm	Bee Propolis - 4:1 - 5gm	VIT E - 30gm Euxyl K100 - 10gm L-Phenylaline - 10gm	Emulsifying Ointment 30% Purified Water 69% Phenoxyethanol 1%	74

Immune System Essential Oils					
		Nutritional Supplement -	Nutritional Supplement - Daily dose of 5ml in food		
		Herbs/Spices	Base In	Base Ingredients	Flavouring
liscal	lm ₈ /	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
•	1, 3	Bai Guo Ye (Ginkao) - 1am	Royal Jelly - 3:1 - 7pm	Aloe Vera:	Indian Brandee -
Bergamot		Ban Xia - 10m		Occ 70 metrionic pincipina of	20ml
·	E,	Boswellia Serrata - 5am	Bee Propoils - 4.1 - 5gm	Over 70 Indirems including an	Vanilla - 50cm
Chamomile German	Jus/	Da Huang - 1am	English oc.		2
Chamomile Maroc	lm8/	Er Cha - 1am	C. Francis O40 40 mos		
	lms/	Gou Oi Zi (I veium) -1am	Co Enzyme G10 - 10 incg	Amino Acids:	
	lum/	Grapeseed - 15mcg	Vegetable Enzymes 4:1 - 7.5gm	Hesperidin Complex - 7.5gm	
	1, 1	Mao Zhao Cao (Cats Claw) -	111111111111111111111111111111111111111	Histidine - 7.5am	
ve Buds	118/	1cm	Minerals.	Inclusion 7 Ferm	
Diil	lm ₈ /	Pycnodenol - 10mca	Calcium Amino Acid Chelate 20% -		
Eucalyptus Globulus	lm ₈ /,		5gm	L-Aspartic Acid - /.5gm	
	1,ml	1-1	Copper Amino Acid Chelate 20% -	L-Glutamim - 15gm	
99090	lm _o /	Shin Nin Boo Si - 10m	7.5gm	L-Phenylalenine - 7.5gm	
		Circle Hard Care Const.	Chromism Niacin - 10mcg	tecithin - 7 Sam	
Hyssop	E ,	Min in Di 12m	Bonnor - Inspired in the control of		
Juniper	lm ₈ /	vvu ola FI = 1gm	Devil's Claw - 7.5gm	Lysine - / .ogm	
Grass	lms/		Garlic - 5gm	L-Taurine - 7.5gm	
2	1/ml	Spices:	Inositol 12.5gm	L- Threonine - 7.5gm	
	1/em1	Allspice - 10gm	Iron Gluconate 12.5% - 5gm	Phosphatidyl Choline - 10gm	
	- 1	Asafoetidia - 10gm	Magnesium Amino Acid Chelate -		
	18,	Chilli Powder - 10am	10am	Vitamine:	
Rose Geranium	ILL®/	10 mg/s	Manager Change 40cm	VICALITIES	
	/sml	Cinnamon Sugar - Tugini	Maganese Giuconate - Togini	Betacorotene Dunaliella Salina Algae	
	lma/	Coconut Cream Block - 10gm	Mineral Clay Powders - 7.5gm	2.5% - 7.5gm	
	lm ₀ /	Coriander - 10gm	Molybdenum - 7.5gm	Biotin - 5mcg	
		Fenugreek - 10gm	Selenium Methionine 5% - 5gm	Folic Acid - 15gm	
Ylang Ylang		Horseradish Ribbled - 10am	Superovide Dismittase (SOD) -	VIT C - 15am	
		minor - pararix Heinblack	7 Form		
		Juniper Berries - 10gm		VII E D - Alpha rocapherol - 10gm	
		Laos - 10gm	Zinc Amino Acid Chelate 20% -	K1 5% - 1gm	
		Mace Ground - 10gm	2.5gm	•	
			Nutritional Oils & Fats		
			Cod Liver Powder - 7.5gm		
			Evening Primrose - 15ml		
			1 inofeic Acid - 7.5am		
			1 inclenic Acid - 7 5am		
-	•		Olive Oil - 15ml		

Cooping Cyclom					
		- 6 capsules daily in food over 20 days	l over 20 days		
Essential Oils		Herbs/Spices	Base	Base Ingredients	Flavouring
	lm/	Usebar 6:4	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Aniseea		nerbs. 5.1	David Jelly 2:4 70m	Aloe Vers	Indian Brandee - 20ml
Bergamot	E ,	Bai Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3.1 - 7 gm	Aloe Veld.	Vanilla - 50am
Camphor	lm ₈ /	Da Huang - 2gm	Bee Propolis - 4:1 - 5gm	Over /U nutrients - % lide	Admind - Sugar
Chamomile German	1/emi	Er Cha - 2gm			
Chamomile Maroc	lm ₈ /	Salix Alba (White Willow) - 10gm	Enzymes/Minerals ·	Amino Acids:	
Chamomile Roman	1/eml	1:1	Enzymes:	L-Threonine - 15gm	
Cinnamon Leaf	1/em]	Shiu Niu Jiao Si - 2gm	Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) - 15gm	
Clove Buds	fug/	Su Mu - 2gm		_	
Fucalvotus Globulus	lm ₈ /	Wu Jia Pi - 2gm	Minerals:		
Found	1/4ml		Calcium Amino Acid Chelate 20%	Vitamins:	
o de constitue de la constitue	1/eml	Spices:	- 10gm	VIT C - 15gm	
	lms/	Asafoetidia - 10gm	Copper Amino Acid Chelate 20%	VIT E D - Alpha Tocapherol - 10gm	
	1, m	Cassia - 10am	- 15gm		
Hyssop	18/	100 miles 100 mi	Sadic , Sam		
Juniper	lmg/	Chilli Powder - Tugin			
Lemon Grass	¹/₅ml	Coconut Cream Block - 10gm	Inosition Zagrin		
Mountain Savoury	1/emi	Coriander - 10gm	Iron Gluconate 12.5% - 10gm		
ilioniN	1/sml	Cream of Tartar - 10gm	Mineral Clay Powders - 15gm		
Dennetmint	1/aml	Dill Seeds - 10gm	Zinc Amino Acid Chelate 20% -		
	lua/	Fenugreek - 10gm	Sgm		
Kosa Gelalium		Horseradish Ribbled - 10am			
Rosemary	# ·	40 mm			
Tagestes	mø/,	Mace Glouing - Togili			
Thyme Red	lm ₈ /				
Ylang Ylang	lm ₈ /				

Depression Lecapsules daily days in food over 20 days Base Ingredients Base Ingredients Herbs/Spices	Product Formula Y3		PET, VETE	PET, VETERINARY & EQUINE CARE			,
Flavouring Fla	Depression		- 6 capsules daily days i	n food over 20 days			
	Fecential Oils		Herbs/Spices	Base I	ngredients	Flavouring	
oot 'amil Back Good (Ginkgo) - 2gm Royal Jelly - 3: 1 - 7gm Aloe Ver 70 nutrients - % lifte Indian Brandee - 20ml or 'amil Dar Huang - 2gm Bee Propolis - 4: 1 - 5gm Over 70 nutrients - % lifte Vanilia - 50gm mile German 'amil Er Cha - 2gm Enxymes - 15gm Amino Acids: Vanilia - 50gm mile German 'amil Su Ma - 2gm Enxymes - 15gm Amino Acids: L-Threonine - 15gm non Leaf 'amil Su Ma - 2gm Enxymes - 15gm Superoxide Dismutase (\$ S. D.) - (\$ S.		lm _o /	Harbe: 5.1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml	
or 'l _e ml Da Huang - 2gm Bee Propolis - 4:1 - 5gm Over 70 nutrients - 3 lifte Vanilia - 30gm mile German 'l _e ml EC Cha - 2gm Enzymes - 15gm Amino Acid S: L'Threonine - 15gm Vanilia - 30gm mile Ranzon 'l _e ml Sulva - 2gm Enzymes - 15gm Amino Acid Chelats - 15gm L'Threonine - 15gm Vaperoxide Dismutase (S.O.D.) - 15gm buds 'l _e ml Asalocatidia - 10gm Milnerals: Chelate Enzymes - 15gm Superoxide Dismutase (S.O.D.) - 15gm Vigenilia - 10gm	Basil	fm ₀ /	Bai Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brandee - 20ml	
mile German 1, and Inches Er Cha - 2gm Enzymes/Minerals Amino Acid 62: mile Ranco 1, and Inches 1, and Inches Superoxide Dismutase (S.O.D.) - 15gm mile Roman 1, and Inches Inches Inches 1, and Leaf 1, and Leaf Inches Inches 1, and Substant Assilvential - 10gm Assilvential - 10gm Assilvential - 10gm 1, and Count Cream Block - 10gm Cooper Amino Acid Chelate 20% - VITE D - Apha Tocapherol - 10gm Out C - 15gm 1, and Location - 10gm Cooper Amino Acid Chelate 20% - VITE D - Apha Tocapherol - 10gm Apha Tocapherol - 10gm 1, and Location - 10gm Cooper Amino Acid Chelate 20% - VITE D - Apha Tocapherol - 10gm Inches 1, and Location - 10gm Cooper Amino Acid Chelate 20% - VITE D - Apha Tocapherol - 10gm Inches 1, and Location - 10gm Inches Inches 1, and Location - 10gm Inches <td>Camphor</td> <td>1/eml</td> <td>Da Huang - 2gm</td> <td>Bee Propolis - 4:1 - 5gm</td> <td>Over 70 nutrients - % litre</td> <td>Vanilla - 50gm</td> <td></td>	Camphor	1/eml	Da Huang - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - % litre	Vanilla - 50gm	
mile Roman 1/ ₆ ml Su Mu-2gm Enzymes in Ramon (and the mile Roman in Savoury) Enzymes in Ramon (and the mile Roman in Savoury) Enzymes in Ramon (and the mile Roman in Savoury) Enzymes in Ramon (and the mile in Savoury) Enzymes in Savoury in Init Enzymes in Init	Chamomile German	l _{aml}	Er Cha - 2gm				
mile Roman "yaml Wu Ja Pi - 2gm Enzymes - 15gm L-Threonine - 15gm buds "yaml Yu Ja Pi - 2gm Enzymes - 15gm L-Threonine - 15gm buds "yaml Splees: L-Threonine - 15gm buds "yaml Asafoetidia - 10gm Minerals: L-Threonine - 15gm cense "yaml Cocount Cream Block - 10gm Minerals: Wife Calcium Amino Acid Chelate 20% - VITE D - Alpha Tocapherol - 10gm cense "yaml Founger Amino Acid Chelate 20% - VITE D - Alpha Tocapherol - 10gm Calcium Amino Acid Chelate 20% - VITE D - Alpha Tocapherol - 10gm cense "yaml Horseradish Ribbled - 10gm Gartic - 5gm Incompany Incomp	Chamomile Maroc	1/ ₈ ml	Su Mu - 2gm	Enzymes/Minerals	Amino Acids:		
Spices: 1,6ml Spices:	Chamomile Roman	lm ₈ /	Wu Jia Pi - 2gm	Enzymes:	L-Threonine - 15gm		
Spices: 1-3gm	Cinnamon Leaf	l _{sm}		Vegetable Enzymes - 15gm	Superoxide Dismutase (S.O.D.) -		
1/8m Asafoetidia - 10gm	Clove Buds	1/8ml	Spices:		ngcı		
Jem	Diil	lm ₈ /	Asafoetidia - 10gm	Minerals:			_7
'\sm	Eucalyptus Globulus	lm ₈ /	Chilli Powder - 10gm	Calcium Amino Acid Chelate 20% -			7_
Compared to Content to Compare to Copper Amino Acid Chelate 20% - 1/4ml	Fennel	lm ₈ /	Coconut Cream Block - 10gm	10gm	VII C - 13gm		_
'sm Cumin - 10gm 'sm Fenugreek - 10gm 'sm Horseradish Ribbled - 10gm 'sm Horseradish Ribbled - 10gm 'sm Mace Ground - 10gm 'sm Mace Ground - 10gm 'sm	Frankincense	l/sml	Coriander - 10gm	Copper Amino Acid Chelate 20% -	VII E U - Apria 100apriero - 10gili		
er '/ ₆ ml Fenugreek - 10gm Grass '/ ₆ ml Horseradish Ribbled - 10gm in Savoury '/ ₆ ml Juniper Berries - 10gm in Savoury '/ ₆ ml Mace Ground - 10gm int '/ ₆ ml Nutmeg - 10gm int '/ ₆ ml is '/ ₆ ml is '/ ₆ ml is '/ ₆ ml is '/ ₆ ml int '/ ₆ ml	Hyssop	ms/	Cumin - 10gm	Codic Sam		••	
Horseradish Ribbled - 10gm Grass Hem Juniper Berries - 10gm Jem Juniper Berries - 10gm Hem H	Juniper	lm ₈ /	Fenugreek - 10gm	Gallic - ogin			
Juniper Berries - 10gm Juniper Berries - 10gm Jeml Mace Ground - 10gm Jeml Nutmeg - 10gm Jeml	Lavender	lm ₈ /	Horseradish Ribbled - 10gm	Inoshor zagan			
in Savoury /sml Mace Ground - 10gm 1/sml Nutmeg - 10gm 1/sml	Lemon Grass	lm ₈ /.	Juniper Berries - 10gm	Mineral Clay Dowders - 15tm			
nint '/sml Nutmeg - 10gm eranium '/sml say '/sml ss '/sml Red '/sml lang '/sml	Mountain Savoury	m _e /	Mace Ground - 10gm	Zing Aming Acid Chelate 20% -			
nint '/eml 'feml 'feml 'sml 'seml 'seml 'seml 'feml 'feml 'feml 'feml	Niaouli	lmg/	Nutmeg - 10gm	Som			
unii.	Peppermint	lm ₈ /					
p 9	Rose Geranium	J ₁ / ₈ ml					
	Rosemary	lm ₈ /	-				
_	Tagestes	J/gml					
	Thyme Red	lm ₈ /	-				
	Ylang Ylang	lm ₈ /					
							_

Product Formula Y4		PET, VETE	PET, VETERINARY & EQUINE CARE		
Viral Antidote		- 6 capsules daily in food over 20 days	l over 20 days		
Eccontist Offer		Herbs/Spices	Base In	Base Ingredients	Flavouring
	im%	Horber 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Day:	m _k ,	Baj Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brandee - 20ml
Camphor	E,	Da Huang - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - % litre	Vanilla - 50gm
Chamomile German	1/8ml	Er Cha - 2gm			
Chamomile Maroc	1/smj	Mao Zhao Cao (Cats Claw) - 2gm	Enzymes/Minerals	Amino Acids:	
Chamomile Roman	¹/ _s ml	Salix Alba (White Willow) - 10gm	<u>Enzymes:</u>	L-Glutamim - 15gm	
Cinnamon Leaf	lm8/		Vegetable Enzymes - 15gm	L-Inreonine - 15gm	
Clove Buds	lmg/,	Shiu Niu Jiao Si - 2gm		Superoxide Dismutase (S.O.D.) -	
Eucalyptus Globulus	,/eml	Su Mu - 2gm	Minerals:	mgc.	
Fennel	[me/,	Wu Jia Pi - 2gm	Calcium Amino Acid Chelate 20% -		
Frankincense	lm ₈ /	mgz - tz luz	10gm		
Ginger	1/sml		Copper Amino Acid Chelate 20% -	Vitamins:	
Hyssop	1/sml	Spices:	mgcl -	VII C - 15gm	
Juniper	1/eml	Allspice - 10gm	Garlic - ogm	VII E.DApna Tocapheror - Tugin	
Lemon Grass	1/eml	Asafoetidia - 10gm	ingcz iojisoni		
Mountain Savoury	1/eml	Celery Salt - 10gm	fron Gluconate 12.378 - 10gili		
Niaouli	1/eml	Chilli Powder - 10gm	Mineral Cray Powders - 10gm		
Peppermint	lm ₈ /	Coconut Cream Block - 10gm	Zinc Amino Acid Chelate 20% -		
Rose Geranium	1/eml	Coriander - 10gm			
Rosemary	1/8mt	Cream of Tartar - 10gm			
Tagestes	1/eml	Fenugreek - 10gm			
Thyme Red	1/eml	Horseradish Ribbled - 10gm			
Ylang Ylang	lmg/	Mace Ground - 10gm			
		Mixed Spices Sweet - 10gm			

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Product Formula Z - CRA		- 2 sessions with Aromath	erapist/Reflexo	sions with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)	apart maximum 7 da	ıys apart)
		Clarissa Recovery Remedy				
Meningitis Strokes & Heart Attacks						
Essential Oils		Herbs/Spices		Base Ingredients	Carrier Oils	
Basil Carrot Ginger	/ _g ml / _g ml	Herbs: 5:1 Chan Tiu - 2gm Chen Xiang - 2gm Fu Pen Zi - 2gm Qiang Huo - 2gm Shu Di Huang - 2gm		Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	
		Spices: Anise Star -10gm Cumin - 10gm				
Product Formula Z - CRB		- 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)	erapist/Reflexo	logist (minimum 2 hours a	ıpart maximum 7 da	ys apart)
		Clarissa Recovery Remedy				
Irritable Bowel Organophosphate Disease (OP's)	OP's					
Essential Oils		Herbs/Spices		Base Ingredients	Carrier Oils	
Aniseed Basil Bergamot Carrot	'l'ami 'l'ami 'l'ami 'l'ami	Herbs: 5:1 Bai He - 2gm Chen Xiang - 2gm Chi Shao Yao - 2gm Huo Ma Ren - 2gm Shu Di Huang - 2gm		Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	
		Spices: Anise Star -10gm				·

Clarissa Recovery Remedy Essential Oils Essential Oils Eucalyptus Globulus Jojoba Jojoba Jojoba Jojoba Jojoba Lian Zi - 2gm Chen Xiang - 2gm Da Zao - 2gm Lian Zi - 2gm Shi Di Huang - 2gm Shi Di Huang - 2gm Shi Di Huang - 2gm Fennel - 10gm Fennel - 10gm Clarissa Recovery Remedy Herpes Batten's Disease Fenntlal Oils Herpes Herpes Herpes Herpes Herpes Herpes Herpes Herpes Herpes	rapist/Reflexolc	Base Ingredients Aloe Vera Pure - 20ml Honey - 20ml	Carrier Oils Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	·	98
CRJ	th Aromatherapist/Reflexolo	Base Ingredients Aloe Vera Pure - 20ml Honey - 20ml	Carrier Oils Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml		/4(
CRJ	th Aromatherapist/Reflexolo	Base Ingredients Aloe Vera Pure - 20ml Honey - 20ml	Carrier Oils Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml		0086
CRJ	th Aromatherapist/Reflexolo	Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml		
-CRJ	th Aromatherapist/Reflexolo			·	
<u>u</u>		gist (minimum 2 hours	apart maximum 7 da		80
	ery Remedy Senile Dimentia sase	nentia			
-		Base Ingredients	Carrier Oils		
'/ ₆ ml Herbs: 5:1 '/ ₆ ml Bai Gou - 2gm '/ ₆ ml Cang Er Zi - 2gm Chen Xiang - 2gm Dan Shen - 2gm Gao Ben - 2gm Shu Di Huang - 2gm		Aloe Vera Pure - 20mi Honey - 20mi	Avocado - 10ml Grapeseed - 40mf Hazelnut - 10ml		PCT/GB98/00708.

Product Formula Z - CRM		- 2 sessions with Aromath	nerapist/Reflexol	with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)	apart maximum 7 d	ays apart)
		Clarissa Recovery Remedy	<u>^</u>			
Anaemia		M.F.	Muscular	Muscular Dystrophy		
Motor Neurone Disease		M.S.	Thyroid G	Thyroid Gland (over & under active)		
Essential Oils		Herbs/Spices		Base Ingredients	Carrier Oils	
Basil	m ₈ /	/ ₈ ml Herbs: 5:1		Aloe Vera Pure - 20ml	Avocado - 10ml	
Bergamot	fmg/,	Bai Jiang Cao - 2gm		Honey - 20ml	Grapeseed - 40ml	
Eucalyptus Globulus	1,sml	Chen Xiang - 2gm			Hazelnut - 10ml	
Juniper	1/sml	Chi Shao Yao - 2gm				~
		Shu Di Huang - 2gm				
		Ting Li Zi - 2gm				
		Ye Tu Hua - 2gm				
		Spices:		_		
		Anise Star -10gm				
		Ginger - 10gm				

Product Formula Z - CRN		LON	NUTRITIONAL BOOST		
	- 2 se Clari	- 2 sessions Reflexology (minimum 2 hours apart maximum 7 days apart Clarissa Recovery Remedy	ium 2 hours apart maxim	um 7 days apart	
Acne	Anorexia	exia	Cancer H	Hepatitis Sports - Energy	Sports - Energy booster & stamina
Aids		Herbe/Sulces		Base Ingredients	Massage Oils
Essential Ons					
Black Pepper	lms/	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Avocado - 10ml
Chamomile Roman	1/am	Bai Guo Ye (Ginkgo) -2gm	Honey - 20mt	Aloe Vera:	Grapeseed - 40ml
T	mo/L	Bai Ji Tian - 2gm	Roval Jelly - 2gm	Over 70 nutrients - 40ml	Hazelnut - 10ml
Eucalypius Globulus	, t	Che Qian Zi - 2gm	Bee Propolis - 3am		
angina	,	Dang Shen - 2gm		Amino Acids:	
Juniper	Ħ.	Fu Pen Zi - 2gm			
Peppermint	lm ₈ /	He Zi - 2gm	Enzymes/Minerals	Histidine - 3gm	
Tagestes	1/eml	Xing Ren - 2gm	Enzymes:	L-Phenylalenine - 3gm	
			Co Enzyme Q10 - 2mcg	L- Threonine - 3gm	
		Spices:			
		Arrowroot - 10gm	Minerals:	Vitamins:	
		Ginger - 10gm	Calcium Amino Acid Chelate 20% -		-
		Laos - 10gm	2gm		
		Tumeric - 10gm	Inositol - 4gm	Biotin - 1mcg	
			Iron Gluconate 12.5% - 2gm	VIT C - 3gm	
	-		Zinc Amino Acid Chelate 20% -	VIT E D - Apha Tocapherol - 2gm	
			1gm	K1 -300mg	
			Nitritional Oils		
			Evening Primrose - 5ml		
*					

Product Formula Z - CRR		- 2 sessions with Aromather	apist/Reflexo	ions with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)	apart maximum 7 d	ays apart)
		Clarissa Recovery Remedy.				
Arthritis - Rheumatoid Osteoporosis						
Essential Oils		Herbs/Spices		Base Ingredients	Carrier Olls	
	lm ₈ /' lm ₈ /' lm ₈ /'	-		Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	
Niauli	m ₈ /	Huo Ma Ken - zgm Ou Jie - zgm Shu Di Huang - zgm		·		
		Spices: Anise Star -10gm Dill - 10gm				
Product Formula Z - CRS3] -	- 2 sessions with Aromather	apist/Reflexol	ons with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)	apart maximum 7 da	ıys apart)
Maintenance Recovery Massage	age	Clarissa Recovery Remedy				1
Essential Oils		Herbs/Spices		Base Ingredients	Carrier Oils	
	/smi /smi lms/r lms/r	Herbs: 5:1 Bai Dou Kou - 2gm Chen Xiang - 2gm Dan Shen - 2gm		Ajoe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	
		Ji Xue Feng - 2gm Shu Di Huang - 2gm				
		Spices: Anise Star -10gm Cinnamon - 10gm				

Product Formula Z - CRZ					
		Recovery & Toning Bath Oil	(20 applications)		:
Essential Olls		Herbs/Spices		Carrier Olls	
Bergamot Lavender Rosemary	/smi '/smi '/smi	'/ _e mi Herbs: 5:1 '/ _e mi Cang Er Zi - 1gm '/ _e mi Chen Xiang - 1gm Da Huang - 1gm Shu Di Huang - 1gm Ting Li Zi - 1gm		Grapeseed Oil - 40mi Avocado Oil - 40mi Water - 160mi	
		Spices: Anise Star -1gm			84

CLAIMS

- 1. A medicinal or cosmetic composition comprising at least one essential oil in combination with at least one spice and/or at least one herb.
- 2. A medicinal or cosmetic composition according to Claim 1, wherein the composition comprises one or more essential oils selected from: bergamot, chamomile german, chamomile maroc, chamomile roman, cinnamon zeylanicum, clove buds, eucalyptus globulus, frankincense, fennel, hyssop, juniper, lemon grass, mountain savoury, niaouli, red thyme, rosemary, rose geranium, tagestes and ylang ylang.
- 3. A medicinal or cosmetic composition according to Claims 1 or 2, wherein the composition comprises one or more Chinese herbs selected from: Acacia Catechu, Acanthopanax Gracilistylus, Caesalpinia Sappan and Epimedium Spinosa.
- 4. A medicinal or cosmetic composition according to any preceding claim wherein the composition comprises one or more spices selected from: asapoetidia, coconut, coriander, fenugreek and horseradish.

- 5. A medicinal or cosmetic composition according to any preceding claim comprising
 - the following essential oils:

 bergamot, chamomile german, chamomile maroc,
 chamomile roman, cinnamon zeylanicum, clove
 buds, eucalyptus globulus, frankincense,
 fennel, hyssop, juniper, lemon grass, mountain
 savoury, niaouli, red thyme, rosemary, rose
 geranium, tagestes and ylang ylang.
 - (b) the following Chinese herbs:Acacia Catechu, Acanthopanax Gracilistylus,Caesalpinia Sappan and Epimedium Spinosa.
 - (c) the following spices:

 asapoetidia, coconut, coriander, fenugreek and horseradish.
- 6. A medicinal or cosmetic composition according to any preceding claim additionally comprising an <u>Aloe vera</u> extract.

- 7. A medicinal or cosmetic composition according to any preceding claim in combination with a honey product.
- 8. A medicinal or cosmetic composition according to any preceding claim in combination with one or more vitamins, minerals, amino acids, enzymes, flavourings and/or Bach flower remedies.
- 9. A tablet or capsule for oral administration comprising a medicinal or cosmetic composition according to any preceding claims.
- 10. A composition for topical application comprising a medicinal or cosmetic composition according to any one of Claims 1-8.
- 11. The use of a medicinal composition according to any one of Claims
 1-8 for the treatment of disease or physical disability or sports injuries, or
 for the build up and maintenance of the immune system, or for the
 protection against disease or pollution.
- 12. The use of a cosmetic formulation according to any one of Claims1-8 for skin care and/or weight management.

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WORLD INTELLECTUAL PROPERTY ORGANIZATION International Bureau



WO 98/40086

INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT) (51) International Patent Classification 6: (11) International Publication Number: **A3** A61K 35/78, 7/06 (43) International Publication Date: 17 September 1998 (17.09.98) PCT/GB98/00708 (81) Designated States: AL, AM, AT, AU, AZ, BA, BB, BG, BR, (21) International Application Number: BY, CA, CH, CN, CU, CZ, DE, DK, EE, ES, FI, GB, GE, 10 March 1998 (10.03.98) GH, GM, GW, HU, ID, IL, IS, JP, KE, KG, KP, KR, KZ, (22) International Filing Date: LC, LK, LR, LS, LT, LU, LV, MD, MG, MK, MN, MW, MX, NO, NZ, PL, PT, RO, RU, SD, SE, SG, SI, SK, SL, TJ, TM, TR, TT, UA, UG, US, UZ, VN, YU, ZW, ARIPO (30) Priority Data: patent (GH, GM, KE, LS, MW, SD, SZ, UG, ZW), Eurasian 10 March 1997 (10.03.97) 9704904.3 GB patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European patent (AT, BE, CH, DE, DK, ES, FI, FR, GB, GR, IE, IT, (71) Applicant (for all designated States except US): THE RILEY LU, MC, NL, PT, SE), OAPI patent (BF, BJ, CF, CG, CI, CM, GA, GN, ML, MR, NE, SN, TD, TG). FLETCHER FOUNDATION [GB/GB]; Hollyhurst, Church Street, Hampton Lucy, Warwickshire CV35 8BD (GB).

(72) Inventors; and

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(74) Agent: BANNERMAN, David, Gardner; Withers & Rogers, 4 Dyer's Buildings, Holborn, London EC1N 2JT (GB).

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(54) Title: ESSENTIAL OIL COMPOSITION

(57) Abstract

The application relates to new medicinal and cosmetic compositions comprising essential oils in combination with herbs and/or spices. The compositions may be used orally or topically.

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Inte onal Application No PCT/GB 98/00708

A. CLASSIF IPC 6	FICATION OF SUBJECT MATTER A61K35/78 A61K7/06		
A	International Patent Classification(IPC) or to both national classific	eation and IPC	
	SEARCHED	ation and IFO	
	cumentation searched (classification system followed by classificat	ion symbols)	
IPC 6	A61K		
	ion searched other than minimumdocumentation to the extent that t		ched
Electronic da	ata base consulted during the international search (name of data b	ase and, where practical, search terms used)	
C. DOCUME	ENTS CONSIDERED TO BE RELEVANT		
Category °	Citation of document, with indication, where appropriate, of the re	levant passages	Relevant to claim No.
Х	DATABASE WPI Section Ch, Week 9718 Derwent Publications Ltd., Londo	n. GB:	1,2,4, 7-11
	Class B04, AN 97-200618 XP002070665 & RU 2 066 194 C (B0BROV-EGOROV		
Α	see abstract		2,5
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A	& RU 2 001 095 C (BREKHMAN I I) see abstract		2-5
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X Furt	her documents are listed in the continuation of box C.	χ Patent family members are listed in	annex.
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other	means nent published prior to the international filing date but than the priority date claimed	ments, such combination being obviou in the art. "&" document member of the same patent f	s to a person skilled
	actual completion of theinternational search	Date of mailing of the international sear	
2	28 August 1998	1 8. 09. 98	
Name and	mailing address of the ISA European Patent Office, P.B. 5818 Patentlaan 2 NL - 2280 HV Rijswijk Tel. (+31-70) 340-2040, Tx. 31 651 epo nl, Fax: (+31-70) 340-3016	Authorized officer Economou, D	

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Inte ional Application No PCT/GB 98/00708

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	ation) DOCUMENTS CONSIDERED TO BE RELEVANT	
Category °	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
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Α -	see abstract	2,3,5
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Ρ,Χ	DATABASE WPI Section Ch, Week 9822 Derwent Publications Ltd., London, GB; Class D16, AN 98-249626 XP002070670 & RU 2 092 540 C (ALVIZ STOCK CO) see abstract	1,2,4, 7-11
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Intr Jonal Application No PCT/GB 98/00708 ٤

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	,	
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International application No. PCT/GB 98/00708

INTERNATIONAL SEARCH REPORT

Box I Observations where certain claims were found unsearchable (Continuation of item 1 of first sheet)
This International Search Report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:
Claims Nos.: because they relate to subject matter not required to be searched by this Authority, namely:
Claims Nos.: because they relate to parts of the International Application that do not comply with the prescribed requirements to such an extent that no meaningful International Search can be carried out, specifically:
Claims Nos.: because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).
Box II Observations where unity of invention is lacking (Continuation of item 2 of first sheet)
This International Searching Authority found multiple inventions in this international application, as follows:
see additional sheet
1. As all required additional search fees were timely paid by the applicant, this International Search Report covers all searchable claims.
2. As all searchable claims could be searched without effort justifying an additional fee, this Authority did not invite payment of any additional fee.
3. X As only some of the required additional search fees were timely paid by the applicant, this International Search Report covers only those claims for which fees were paid, specifically claims Nos.: 1-11(PART)
4. No required additional search fees were timely paid by the applicant. Consequently, this International Search Report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:
Remark on Protest The additional search fees were accompanied by the applicant's protest. X No protest accompanied the payment of additional search fees.

Form PCT/ISA/210 (continuation of first sheet (1)) (July 1992)

FURTHER INFORMATION CONTINUED FROM PCT/ISA/ 210

This International Searching Authority found multiple (groups of) inventions in this international application, as follows:

1. Claims: 1(part.),2(part.),4(part.),6-11(all part.)

Compositions comprising an essential oil in combination with a spice and use thereof for the treatment of disease or physical disability.

2. Claims: 1(part.),2(part.),3(part.),4(part.),6-11(all part.)

Compositions comprising an essential oil in combination with a herd and use thereof for the treatment of disease or physical disability

3. Claims: 1(part.),2(part.),3(part.),4(part.),5,6-11(all part.)

Compositions comprising an essential oil, one spice and a herb and use thereof for the treatment of disease or physical disability

4. Claim: 11(part.)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for the treatment of sport injuries

5. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for the build up and maintenance of the immune system

6. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for the protection against pollution

7. Claim : 12(part)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for skin care

FURTHER INFORMATION CONTINUED FROM PCT/ISA/ 210

8. Claim : 12(part.)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for weight management

9. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for the treatment of sport injuries

10. Claim : 11(part)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for the build up and maintenance of the immune system

11. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for the protection against pollution

12. Claim: 12(part.)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for skin care

13. Claim: 12(part.)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for weight management

14. Claim: 11(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for the treatment of sport injuries

15. Claim: 11(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for the build up and maintenance of the immune system

FURTHER INFORMATION CONTINUED FROM PCT/ISA/ 210

16. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for the protection against pollution

17. Claim : 12(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for skin care

18. Claim : 12(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for weight management

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information on patent family members

Int. cional Application No PCT/GB 98/00708

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